

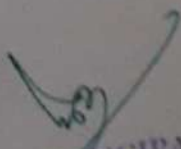
**1. Reports of Events/ along with
photographs properly dated and captioned
year wise**

Department of Physical Education
Sree Narayana College, Punalur

Report

The Department of Physical Education of the college established right from the institution inception in 1965. It plays a vital and remarkable role in moulding and nurturing young talented sports students alongwith maintaining the physical fitness of students and staff. Over the years, the department has contributed state, national and international champions thereby bringing laurels to the department and the college. The department has a record of excellency in the field of athletics, cross country, weight lifting, power lifting and best physique championships. The college organizes various inter departmental tournaments such as football, cricket, shuttle badminton, athletics, cross country and prepare the students for various championships.




PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR

2016-2017

Intercollegiate and Intramural Competition 2016-2017

The year 2016-2017 witnessed glorious achievements in the field of athletics, cross country and half marathon by winning championships in the Kerala University inter collegiate competitions. Many of our athletes represented Kerala University and Kerala state in the national championships. Apart from the above college cricket, football, taekwondo and shuttle badminton teams participated in the inter collegiate tournaments. College also organized various tournaments in the disciplines such as football(men), cricket (men), shuttle badminton(men & women) and athletics (men and women).

Sl. No.	Name of the Sports Event	Name of the Competition	Category
1	Shuttle Badminton	Intercollegiate	Men
2	Cricket	Intercollegiate	Men
3	Cross Country	Intercollegiate	Women
4	Cross Country	Intercollegiate	Men
5	Half Marathon	Intercollegiate	Women
6	Half Marathon	Intercollegiate	Men
7	Kollam District Amateur Athletic Championship	Kollam District	Men
8	Kollam District Amateur Athletic Championship	Kollam District	Women
9	Kerala State Amateur Athletic Meet	Interdistrict	Men
10	Kerala State Amateur Athletic Meet	Interdistrict	Women
11	Kerala University Athletic Meet	Intercollegiate	Men
12	Kerala University Athletic Meet	Intercollegiate	Women
13	Teackwondo	Intercollegiate	Men
14	Football	Intramural	Men
15	Cricket	Intramural	Men
16	Shuttle Badminton	Intramural	Women
17	Shuttle Badminton	Intramural	Men
18	Athletics	Intramural	Men
19	Athletics	Intramural	Women




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 PUNALUR



Kerala University athletic meet- Overall Champions



College intramural Competition – Athletics dated 04-03-2017




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College Intramural football championship (01-02-2017 to 05-02-2017)

D B College Sasthamcotta.
Department of Physical Educati.

Duty Certificate

This is to certify that S N College, Punalur
accompanied by Santhosh. R
participated in the Kerala University North Zone Inter collegiate Cricket [Men]
Championship organized by D B College Sasthamcotta on 17/10/16
The match was played at Ashramam Ground
No T.A./ D.A has been provided to them in this onnection.

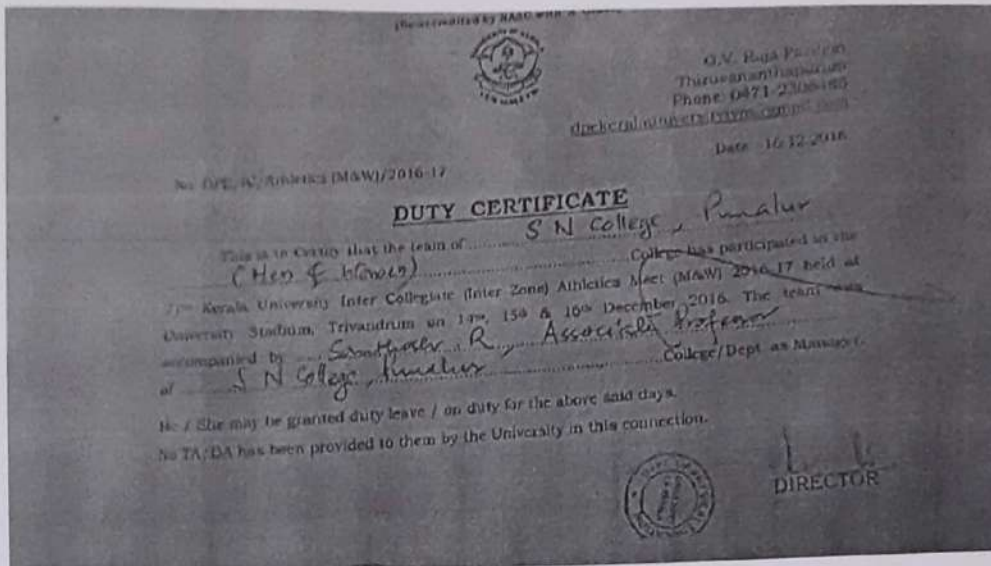
Date : _____
Place : _____

R. Arunkumar (Sub Convenor)
Kerala University NZ I/C Cricket Championship

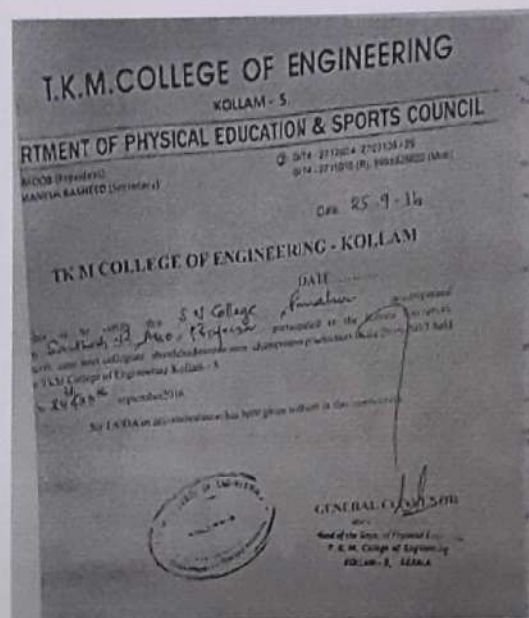
College Cricket team participated in the Intercollegiate cricket tournament at DB College, Sasthamcotta(17-10-2016)




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PUNALUR

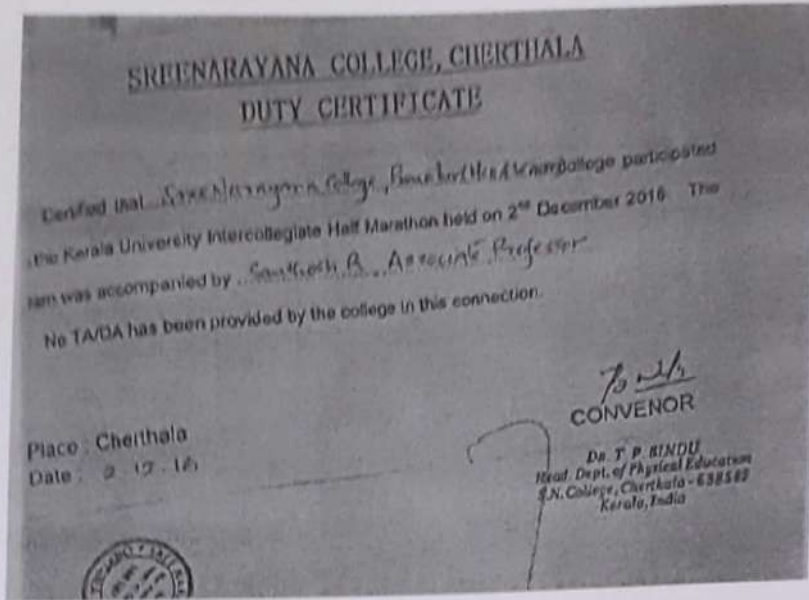


College Athletics team Participated Kerala University athletic meet (Men & Women) at GV Raja Pavilion, Thiruvananthapuram (14-12-2016 to 16-12-2016)

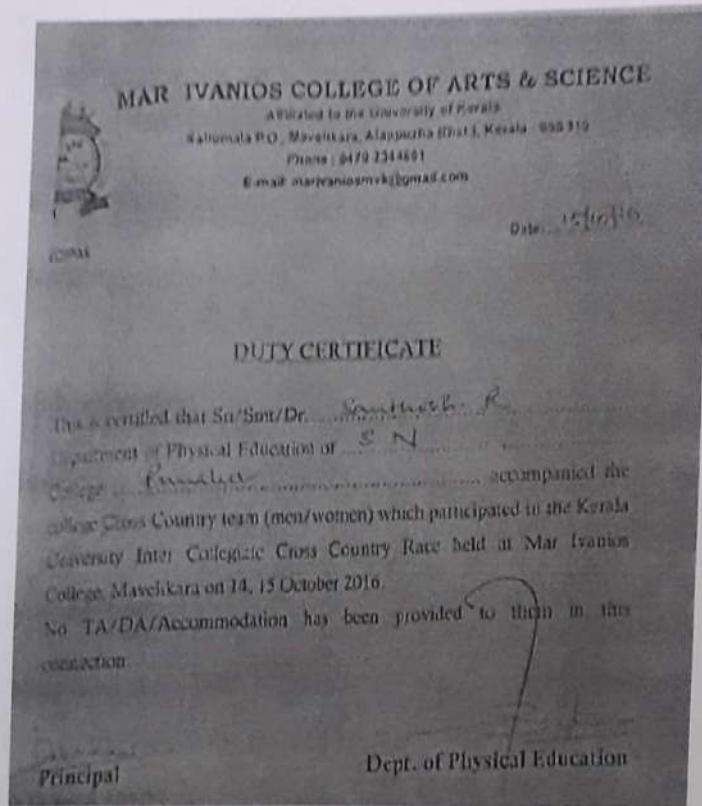


College Shuttle Badminton men team Participated in the Shuttle Badminton (Men) Championship at TKM engineering college, Kollam (24-08-2016 & 25-08-2016)



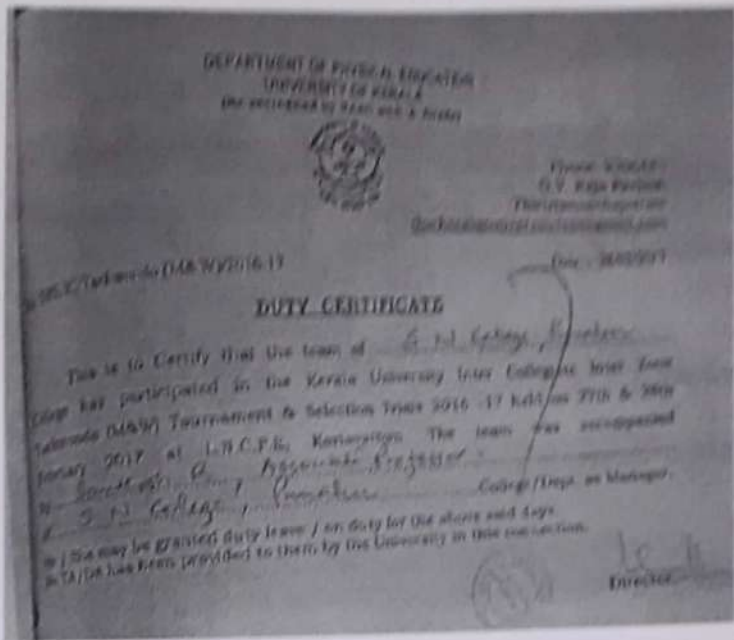


College Half Marathon team participated in the Half Marathon (Men & Women) Competition at S.N. College, Cherthala (2-12-2016)



College Cross Country team Participated in the Kerala University Cross Country Championship at Mar Ivanios College, Mavelikkara (14-10-2016 & 15-10-2016)

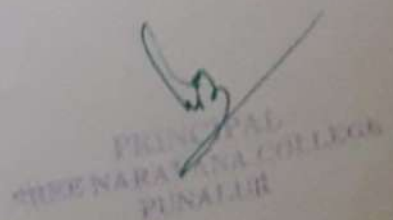




College Taekwondo Team participated in the Kerala University intercollegiate Taekwondo Championship at LNCPE, Thiruvananthapuram (27-02-2017 &28-02-2017)



College Athletics Team Participated in the 60th Kerala state junior athletic championship at Kochi (28-10-2016 to 30-10-2016)

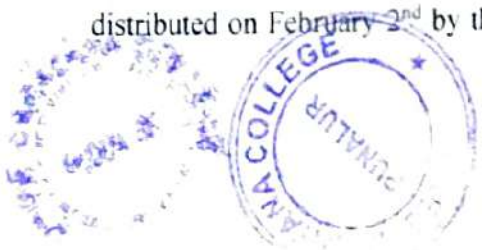


Cultural Activity report 2016-2017

The main objective of arts club is to encourage the students in various cultural activities. Arts club helps the students to develop their leadership abilities, to improve the imagination skill in entertainment. It aims at the overall development of the students, and provide them different platforms and opportunity to perform cultural and literary activities. The club promote students to express their thoughts, feelings and creativity through the various visual arts forms. This student body not only help the students to explore their hidden talents but also help in personality development. The performing arts club is a part of College Union, College Arts Festival was held over two days from 11th to 12th January 2017. On the first day literary competitions and the next day cultural events. About 16 different events were conducted with the participation of 650 students. Literary competition comprise,

- Essay writing (English, Hindi, Malayalam)
- Short story writing (English, Hindi, Malayalam)
- Poetry writing (English, Hindi, Malayalam)
- Elocution English
- Mohiniyattom
- Kuchupudi
- Bharathanadyam
- Group Song
- Western Music (solo & group)
- Kathaprasangam (male & female)
- Mimicry (male and female)
- Fancy Dress
- Folk dance
- Light music (male and female)
- Mime
- Thiruvathira
- Keralanadanam

Arts festival was concluded on 12th January 2017. The prizes of arts day competition were distributed on February 2nd by the college Principal. About 180 certificates were distributed for




PRINCIPAL
NARAYANA COLLEGE
PUNALUR

the winners. The Kerala University youth festival was held at Chengannur from 16th to 20th March 2017. The Winners of college arts festival were participated at the events, for that they started practice from January itself. Students from SNCP showed an excellent performance in youth festival. About 100 students were participated for more than 20 items.

MOHINIYATTOM



GROUP DANCE



PRINCIPAL
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PUNALUR

MIME



FOLK DANCE



KERALA NADANAM




PRINCIPAL
NARAYANA COLLEGE
PUNALUR

2017-2018

Intercollegiate and Intramural Competition 2017-2018

Department of physical Education, S N College, Punalur fielded various teams in the Kerala University intercollegiate competitions, Kollam district championship and Kerala state competition. College also organized various interdepartmental tournaments in the disciplines such as football(men), cricket (men), shuttle badminton(men & women) and athletics (men and women).

Sl. No.	Name of the Sports Event	Name of the Competition	Category
1	Cross Country	Intercollegiate	Men
2	Kabaddi	Intercollegiate	Men
3	Shuttle Badminton	Intercollegiate	Men
4	Wrestling	Intercollegiate	Men
5	Best Physique	Intercollegiate	Men
6	Athletics	Intercollegiate	Men
7	Athletics	Intercollegiate	Women
8	Football	Intramural	Men
9	Cricket	Intramural	Men
10	Shuttle Badminton	Intramural	Women
11	Shuttle Badminton	Intramural	Men
12	Athletics	Intramural	Men
13	Athletics	Intramural	Women



College Cricket Team



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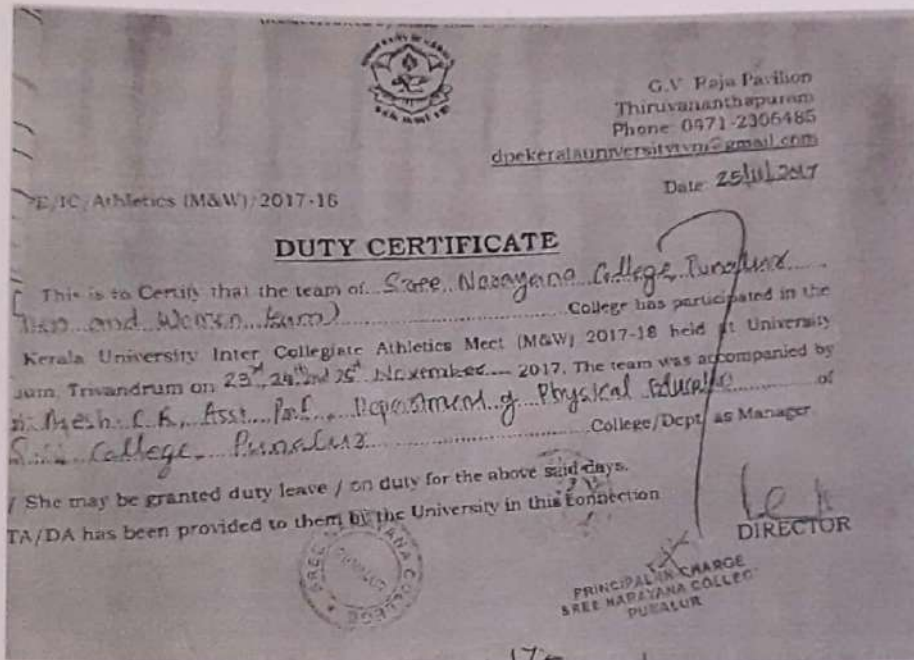
Intramural Athletics (09-03-2018)



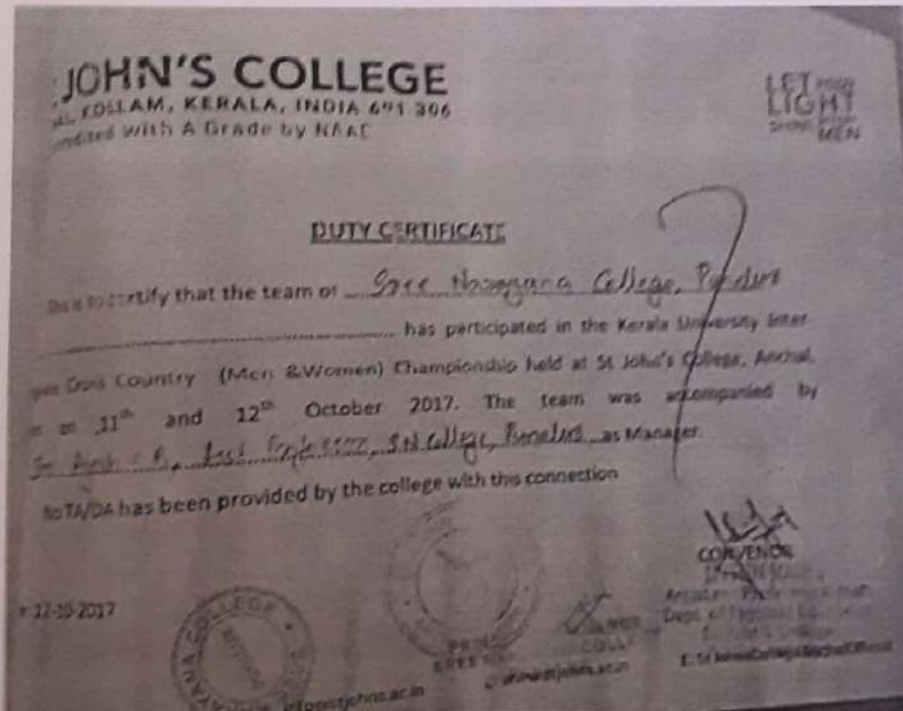
Intramural Shuttle Badminton (05-03-2018 to 06-03-2018)




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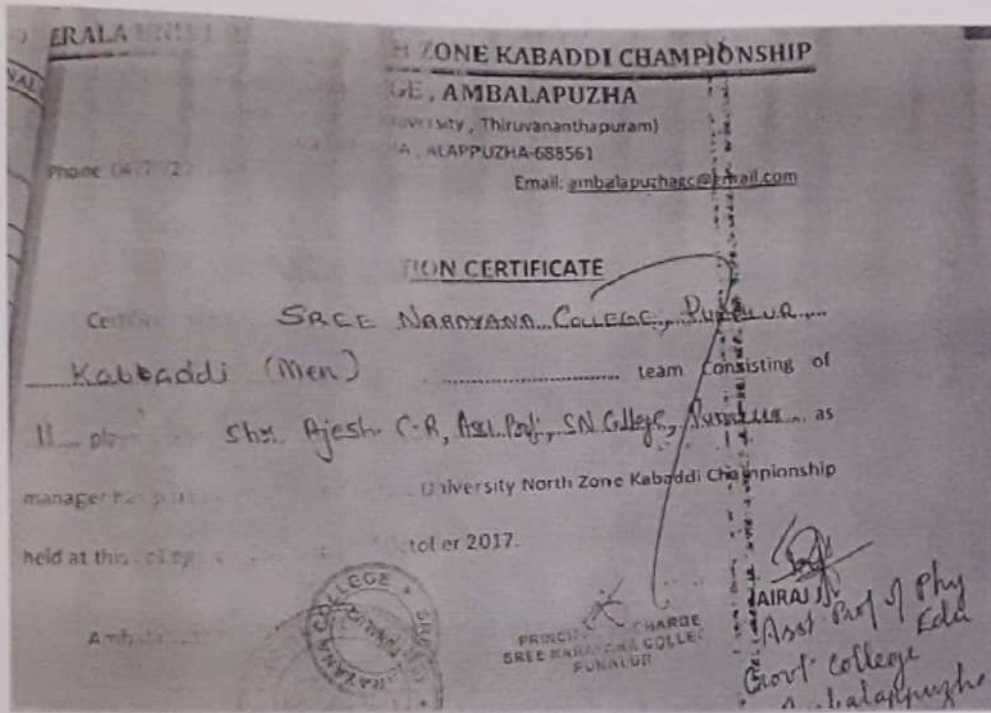


College Athletics Team participated in the Kerala University Athletic Meet(Men & Women) at Thruvananthapuram (23-10-2017 to 25-10-2017)

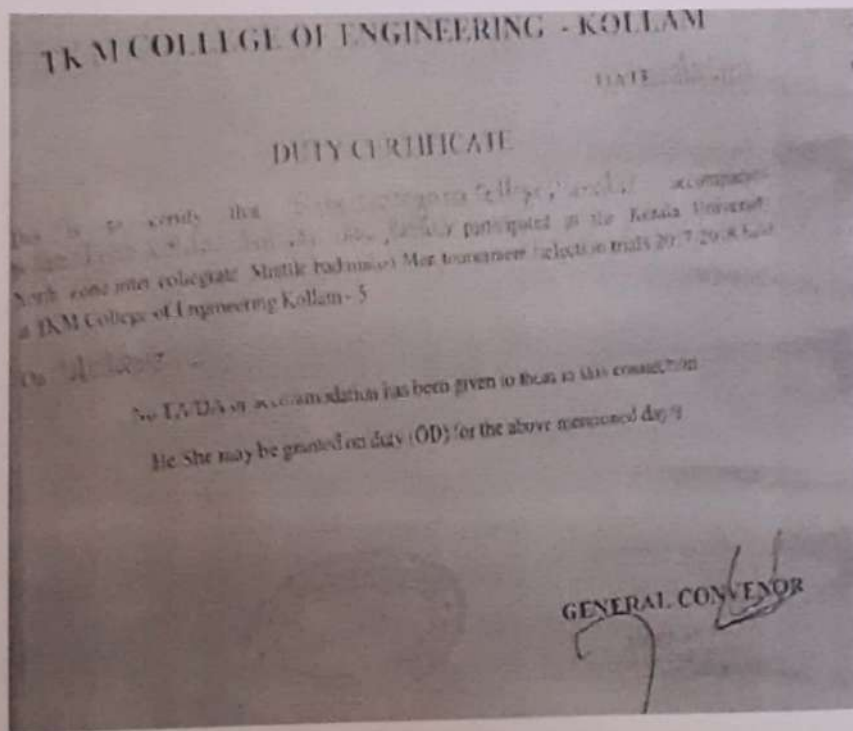


College Cross Country team participated in the Kerala University Cross Country Championship at St John's College, Anchal (11-10-2017 & 12-10-2017)





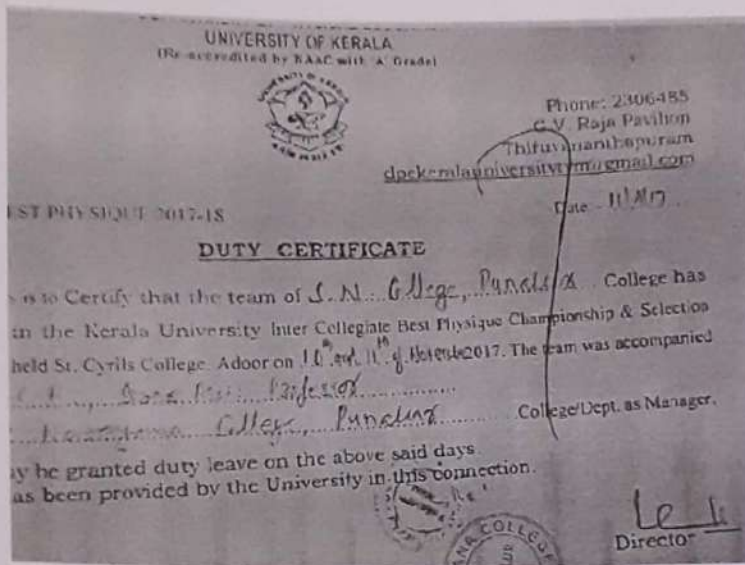
College Kabaddi team participated in the Kerala University Kabaddi Championship at Govt. College, Ambalapuzha (26-10-2017)



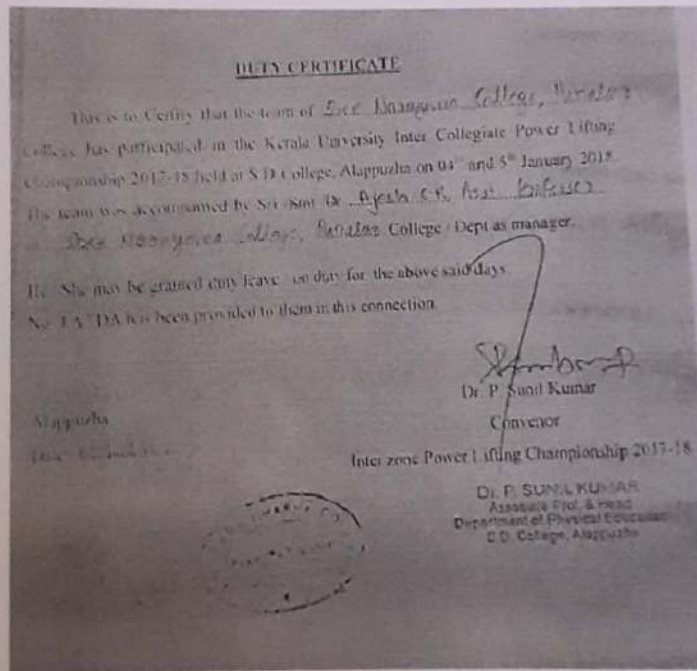
College Shuttle badminton participated in the Kerala University Shuttle badminton Championship TKM College of Engineering, Kollam (12-10-2017)



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College Best Physique Team participated in the Kerala University Best Physique Chamionship at St. Cyrils College, Adoor (10-11-2017 & 11-11-2017)



College Power lifting team participated in the Kerala University Power lifting Championship at SD College, Alappuzha (04-01-2018 & 05-01-2018)





College weight lifting participated in the Kerala University weight lifting (Men & Women) G V Raja Pavilion, Thirivananthapuram (14-11-2017 & 15-11-2017)




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Cultural Activity report 2017-2018

The Performing Arts club aims at the overall development of the students, and provide them ample opportunity to perform cultural and literary activities. This student body not only help the students to explore their hidden talents but also help in personality development. The performing arts club is a part of College Union, College Arts Festival was held over four days from 8th to 11th January 2018. On the first two days, literary completions and the next two 3 days cultural events. About 20 different events were conducted with the participation of 700 students. Literary completions comprise,

- Essay writing (English, Hindi, Malayalam)
- Short story writing (English, Hindi, Malayalam)
- Poetry writing (English, Hindi, Malayalam)
- Painting
- Collash
- Cultural events comprise
- Mohiniyattom
- Kuchupudi
- Bharathanadyam
- Group Song
- Light music (male and female)
- Mime
- Thiruvathira
- Margamkali
- Western Music (solo & group)
- Kathaprasangam (male & female)
- Mimicry (male and female)
- Fancy Dress
- Folk dance

Arts festival was concluded on 11th January 2018. The prizes of arts day competition were distributed on February 7th by the college Principal. About 200 certificates were distributed for the winners. The Kerala University youth festival was held at Kollam from 20th to 24th March 2018. The Winners of college arts festival were participated at the events, for that they started




PRINCIPAL

practice from January itself. Students from SNCP showed an excellent performance in youth festival. About 100 students were participated for more than 20 items.



FOLK DANCE



PAINTING



Anny
PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR



KUCHIPPUDI



GROUP SONG



Aswini
PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR

2018-2019

Intercollegiate and Intramural Competition 2018-2019

Activities offered by the departments have started from the very beginning of the academic year by arranging training programs on various games and athletics. College Cross country, foot ball, athletics and cricket teams participated in Kerala University intercollegiate and Kollam district championships. College also organized various interdepartmental tournaments such as football (men), cricket (men), shuttle badminton(men & women) and athletics (men and women).

Sl. No.	Name of the Sports Event	Name of the Competition	Category
1	Cross Country	Intercollegiate	Men
	Football	Intercollegiate	Men
2	Kollam District Amateur Athletic Meet	Kollam District	Men
3	Kollam District Amateur Athletic Meet	Kollam District	Women
4	Cricket	Intercollegiate	Men
5	Keral University Athletics	Intercollegiate	Men
6	Keral University Athletics	Intercollegiate	Women
7	Football	Intramural	Men
8	Cricket	Intramural	Men
9	Shuttle Badminton	Intramural	Women
10	Shuttle Badminton	Intramural	Men
11	Athletics	Intramural	Men
12	Athletics	Intramural	Women



College foot ball team participated in the Kerala University football Championship (13-09-2018 to 17-09-2018)





College Cricket team participated in the Kerala University Cricket Tournament (18-11-2018 to 23-11-2018)



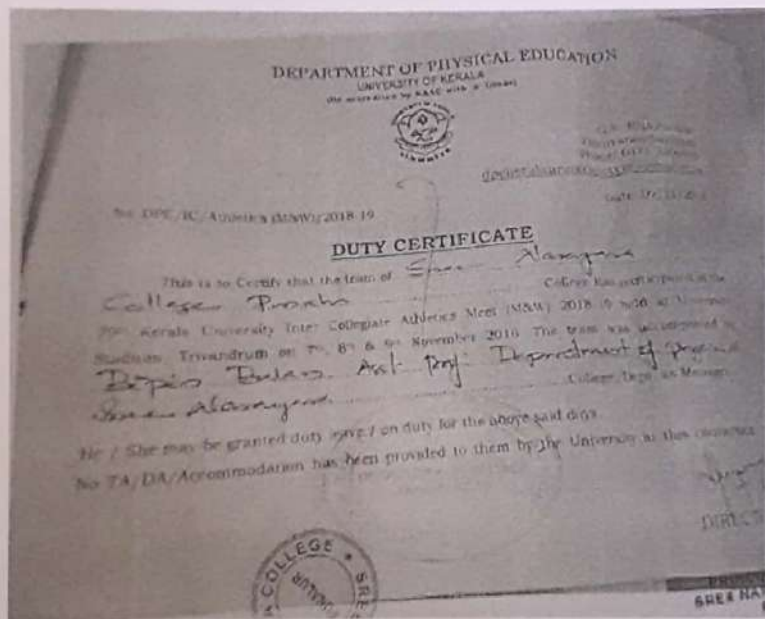
Intramural Shuttle Badminton Championship (18-02-2019 to 20-02-2019)



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SRI NARAYANA COLLEGE
PUNALUR



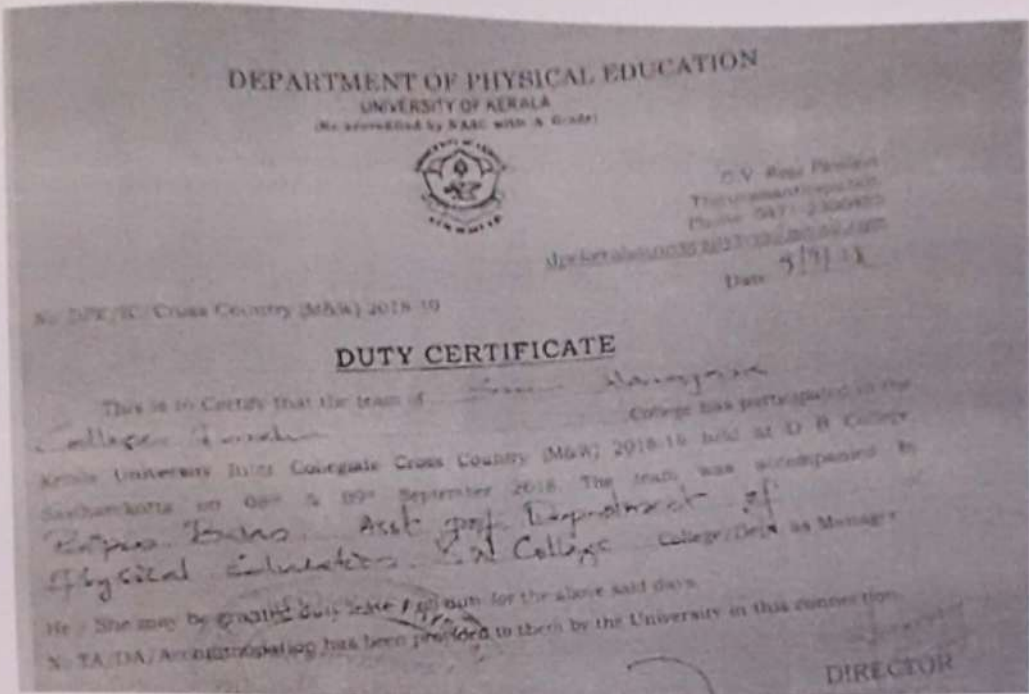
Intramural Cricket Tournament (04-02-2019 to 08-02-2019)



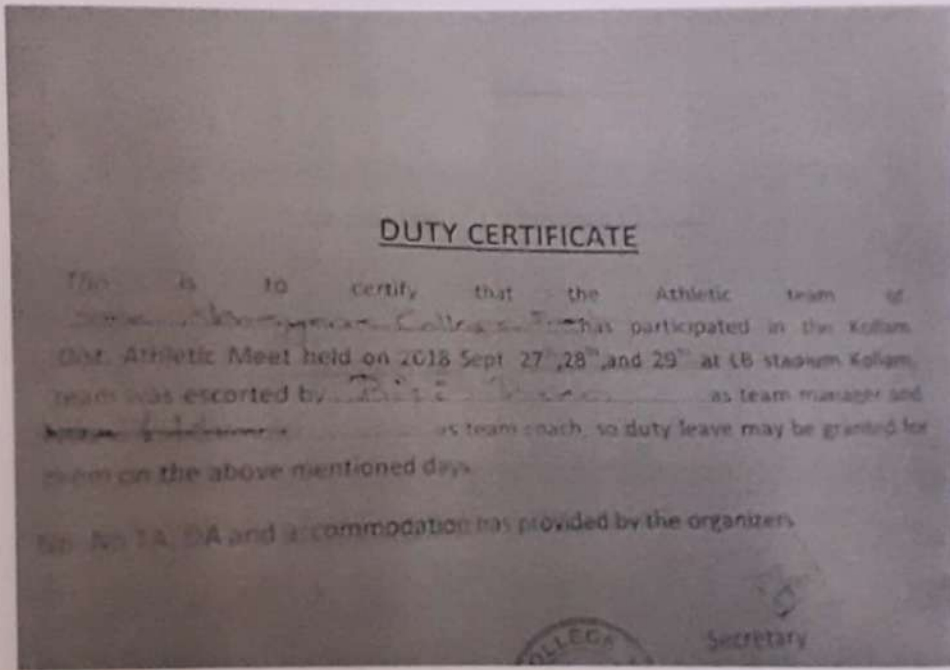
College Athletics Team participated in the 79th Kerala University Athletic Meet at G V Raja Pavilion, Thiruvananthapuram (07-11-2018 to 09-11-2018)




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 PUNALUR

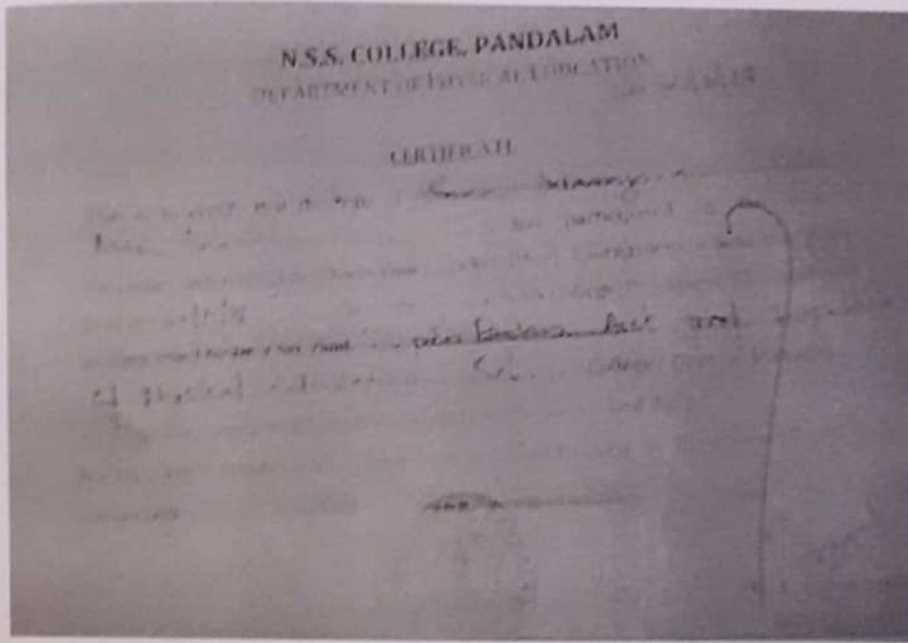


College Cross Country team participated in the Kerala University Inter Collegiate Cross Country Championship at D B College Sathamkotta (08-09-2018 & 09-09-2018)

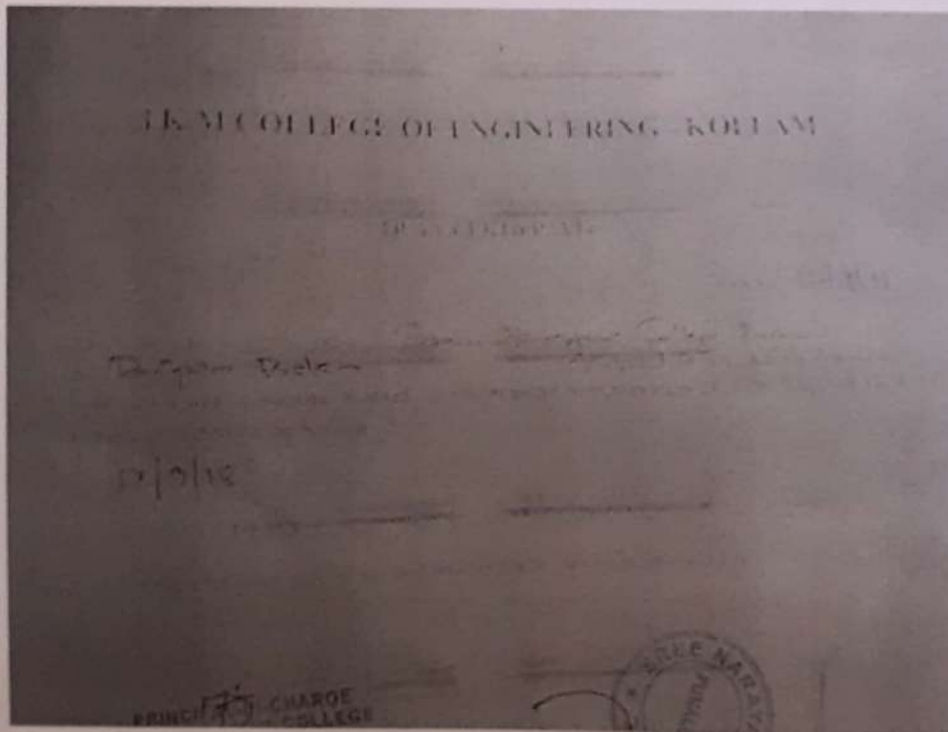


College Athletics Team Participated in the Kollam District Athletic meet at L B Stadium (27-09-2018 to 29-09-2018)





College Cricket team participated in the Kerala University Intercollegiate Cricket Tourment at NSS College Pandalam (28-11-2018)



College foot ball team participated in the Kerala University foot ball championship at TKM College of Engineering, Kollam (17-09-2018)



Handwritten signature and official stamp of the Principal, Sree Narayana College, Punalur.

Cultural Activity report -2018-19

The Performing Arts club of the college aims at promoting the d holistic development of the students and provide them ample opportunity to participate in various arts, cultural and literary events. The performing arts club is a part of College Union, College Arts Festival was held over four days from 18th to 22nd February, 2019. Literary competitions were conducted for the first two days of the fest and the next three days cultural events were conducted. About 20 different events were conducted which are as follow:

Literary completions

- Essay writing (English, Hindi, Malayalam)
- Short story writing (English, Hindi, Malayalam)
- Poetry writing (English, Hindi, Malayalam)
- Painting
- Oppana

Cultural events

- Mohiniyattom
- Kuchupudi
- Bharathanadyam
- Group Song
- Light music(male and female)
- Mime
- Thiruvathira
- Margamkali
- Western Music (solo & group)
- Kathaprasangam (male & female)
- Mimicry (male and female)
- Fancy Dress

Arts festival was concluded on 22nd January 2018. The prizes of arts day competition were distributed on 8th March by the college Principal. About 200 certificates were distributed for the winners. Ayana Soorya, Daison Davidson, Anju V, Haifa, Krishnendu etc. are some of the students won in different events.




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PUNALUR

GROUP DANCE



OPPANA



MARGAMKALI




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PUNALUR

GROUP DANCE



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SRI NARAYANA COLLEGE
PUNALUR

2019-2020

Intercollegiate and Intramural Competition 2019-2020

Academic year 2019-2020 honored glory in various competitions especially in the field of athletics. College prepared various teams from the beginning of the academic year and participated in different competitions like cricket, football and best physique. College also organized various tournaments in the disciplines such as football (men), cricket (men), shuttle badminton(men & women) and athletics (men and women).

Sl. No.	Name of the Sports Event	Name of the Competition	Category
1	Kollam District Amateur Athletic Meet	Kollam District	Men
2	Kollam District Amateur Athletic Meet	Kollam District	Women
3	Kerala State Amateur Athletic Meet	Interdistrict	Men
4	Football	Intercollegiate	Men
5	Cricket	Intercollegiate	Men
6	Athletics	Intercollegiate	Men
7	Athletics	Intercollegiate	Women
8	Kerala University Best Physique	Intercollegiate	Men
9	Football	Intramural	Men
10	Cricket	Intramural	Men
11	Shuttle Badminton	Intramural	Women
12	Shuttle Badminton	Intramural	Men
13	Athletics	Intramural	Men
14	Athletics	Intramural	Women



Intramural Football Tournament (20-02-2020 to 24-01-2020)



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PUNALUR



College 4 X 400 Relay Team



Kerala University Intercollegiate Best physique Championship (01-12-2019 to 02-12-19)




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PUNALUR



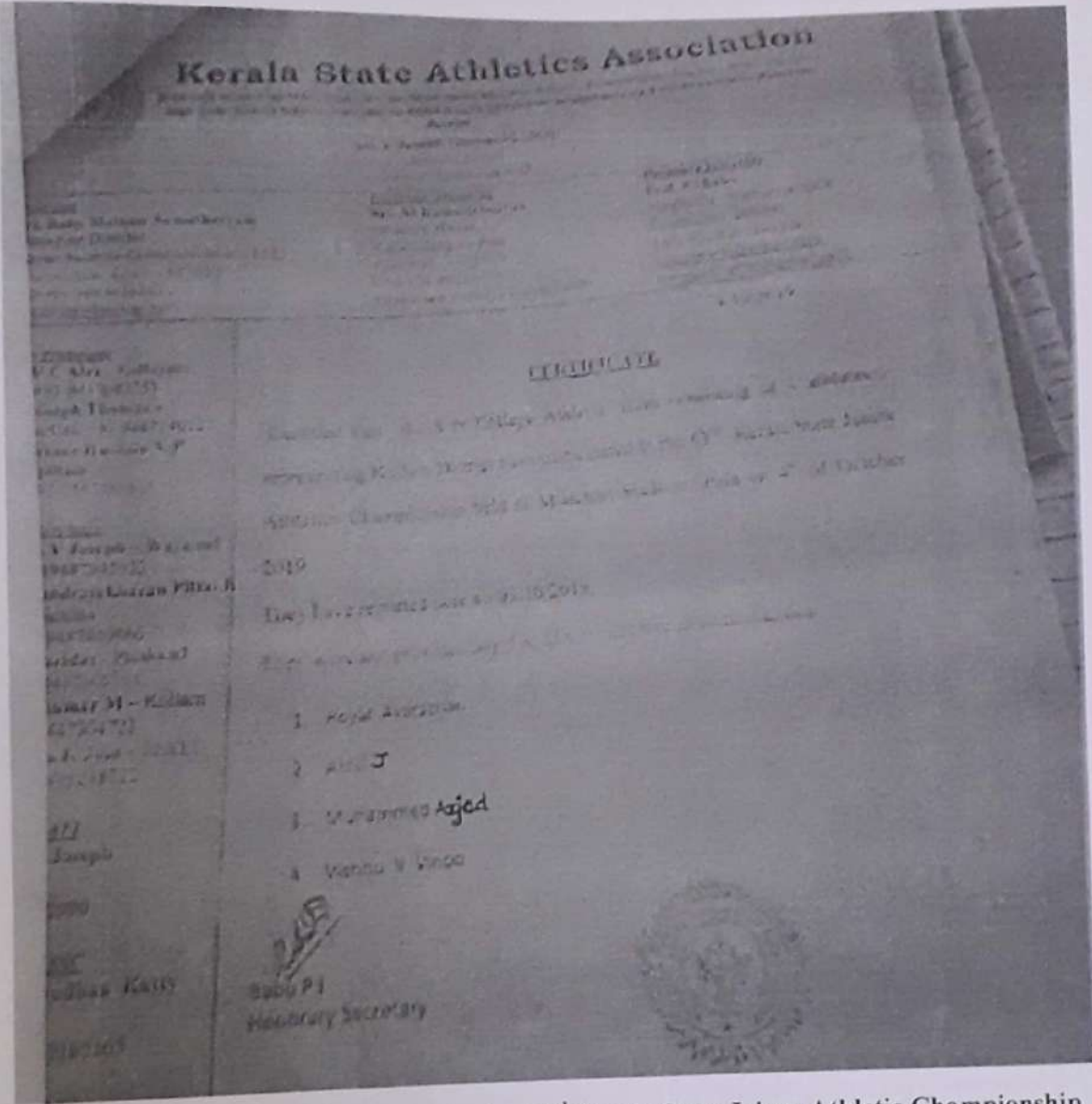
College Football Team



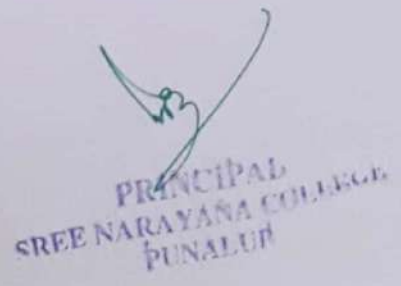
College Cross Country Team

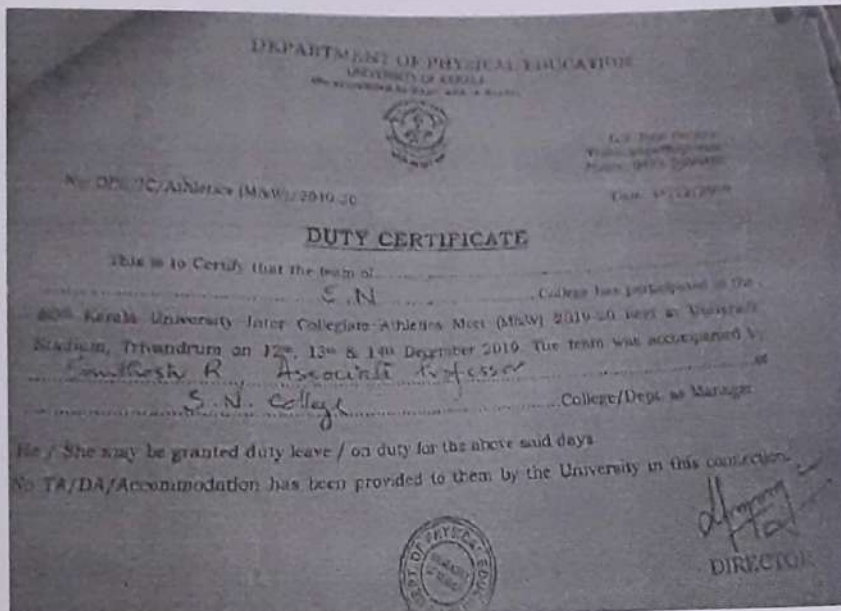



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PUNALUR



College Athletic team participated in the 63rd Kerala State Joiner Athletic Championship at Municipal Stadium, Pala (04-10-2019)





College Athletics team participated in the 80th Kerala University Intercollegiate Athletic Championship at University Stadium, Thiruvananthapuram (12-12-2019 to 14-12-2019)



College Best Physique Team participated in the Kerala University Best physique championship at St. Cyrils College, Adoor (01-12-2019 & 02-12-2019)



[Signature]
PRINCIPAL
SRI VENKAYANA COLLEGE
PUNALUR

certify that the college
 Principal (Senthil Kumar,
 Associate Professor) has participated
 in the 13th Kollam District Athletics
 Meet on 20, 21 and 22 Sept 2019.
 No TA/DA or other expenses
 were provided to them by the
 organizers.
 22/9/19
 Kollam

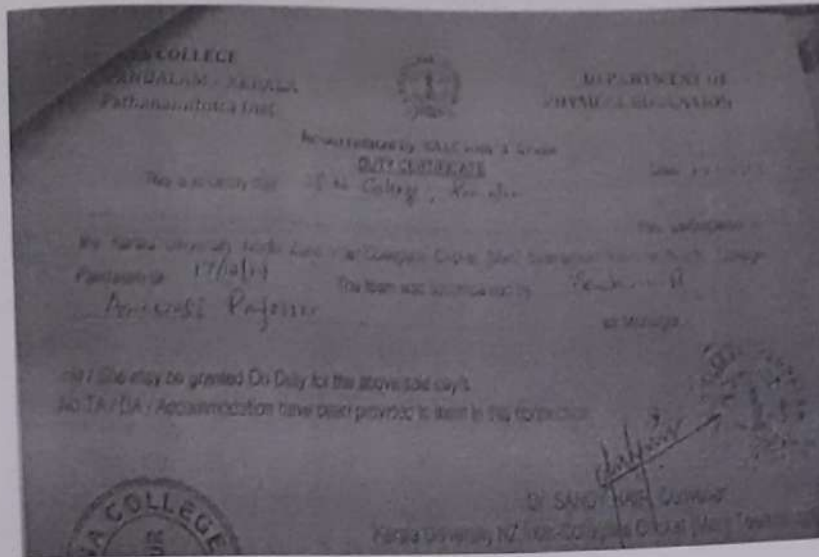
College Athletics Team participated in the Kollam District athletics Championship at L B
 Stadium, Kollam (20-09-2019 to 23-09-2019)

TKM COLLEGE OF ENGINEERING - KOLLAM
 ENAYENKATTI
 DATE: 13-10-2019
 This is to certify that the college Principal, Senthil Kumar,
 has participated in the Kerala University
 inter-collegiate football tournament at TKM
 College of Engineering, Kollam.
 No TA/DA or other expenses were provided to them by the
 organizers.
 The Principal,
 GENERAL MANAGER

College Football Team Participated in the Kerala University inter collegiate Tournament
 at TKM College of Engineering, Kollam (13-10-2019)



PRINCIPAL
 SREE NARAYANA COLLEGE
 PUNALUR



College Cricket team participated in the Kerala University Cricket Championship at NSS College, Pandalam (17-10-2019)



Cultural Activity report 2019-2020

The Performing Arts club aims at the overall development of the students, and provide them ample opportunity to perform cultural and literary activities. The club not only help the students to explore their hidden talents but also help in personality development. Students actively participated in various competitions like group song, Kathaprasangam, light music, thiruvathira etc in connection with the Onam celebration and Arts festival. Students of the department also represented the college in Kerala University Youth Festival. The performing arts club is a part of College Union, College Arts Festival was held over four days from 09th to 10th January 2020. On the first day, literary competitions and the next day cultural events. About 20 different events were conducted with the participation of 720

students. Literary competition comprise,

- Essay writing (English, Hindi, Malayalam)
- Short story writing (English, Hindi, Malayalam)
- Poetry writing (English, Hindi, Malayalam)
- Painting
- Collash
- Cultural events comprise
- Mohiniyattom
- Kuchupudi
- Bharathanadyam
- Group Song
- Light music (male and female)
- Mime
- Thiruvathira
- Margamkali
- Western Music (solo & group)
- Kathaprasangam (male & female)
- Mimicry (male and female)
- Fancy Dress
- Folk dance




PRINCIPAL
SRI NARAYANA COLLEGE
PUNALUR

Cult

Arts festival was concluded on 10th January 2020. The prizes of arts day competition were distributed on February 7th by the college Principal. About 185 certificates were distributed for the winners. The Kerala University youth festival was held at Kollam from 27th March TO 4th April 2020. The Winners of college arts festival were participated at the events, for that they started practice from January itself. Students from SNCP showed an excellent performance in youth festival. About 100 students were participated for more than 20 items.

THIRUVATHIRA



BHARATHANATYAM




PRINCIPAL,
SRIEE NARAYANA COLLEGE
PUNALUR

LIGHT MUSIC



GROUP SONG



Sama
PRINCIPAL,
SREE NARAYANA COLLEGE,
PUNALUR

2020-2021

Intercollegiate Competition 2020-2021

Activities of department of physical education have been limited due to covid 19 pandemic. A few intercollegiate competitions have been conducted. Intramural competitions were not organized due to Covid 19 protocol. College excelled in the field of athletic and best physique during this academic year.

Sl. No.	Name of the Sports Event	Name of the Competition	Category
1	Kerala University Best Physique	Intercollegiate	Men
2	Kerala University Athletic Meet	Intercollegiate	Men
3	Kerala University Athletic Meet	Intercollegiate	Women



College Best Physique Team




PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR



College Athletic Team


DEPARTMENT OF PHYSICAL EDUCATION
St Cyril's College, Adoor.691526

DUTY CERTIFICATE

I hereby certify that the team of S N College
Punalur College has participated in the Kerala University
Best Physique (Men) held at St Cyril's College Adoor On 3rd and 4th August 2021. The
team was accompanied by Sankarsh R, Associate Professor
College, Punalur College/Dept. as Manager. He /She may be
considered on duty for the above said days. No TA/DA/accommodation has been provided
in this connection.

College Best Physique team participated in the Kerala University Best Physique
Championship at St. Cyrils, Adoor (03-08-2021 & 04-08-2021)




PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR

DEPARTMENT OF PHYSICAL EDUCATION
UNIVERSITY OF KERALA
(Re-accredited by NAAC with 'A' Grade)



G.V. Raja Pavilion
Thiruvananthapuram
Phone: 0471-2306485

No. DPE/IC/Athletics (M&W)/2020-21

Date: 18-08-2021

DUTY CERTIFICATE

This is to Certify that the team of SN College, Punalur

..... College has participated in the
81st Kerala University Inter Collegiate Athletics Meet (M&W) 2020-21 held at University
Stadium, Trivandrum on 17th & 18th August 2021. The team was accompanied by
Sankesh B, Associate Professor of
SN College, Punalur College/Dept. as Manager.

He / She may be granted duty leave / on duty for the above-said days.
No TA/DA/Accommodation has been provided to them by the University in this connection.



[Signature]
DIRECTOR

College Athletics Team Participated in the Kerala university Athletic Championship at G V Raja pavilion, Thiruvananthapuram (17-08-2021 & 18-08-2021)



[Signature]
PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR

**2. Copy of Circular/ Brochure indicating
such kind of activities**

2016-2017

From

Santhosh. R
Associate Professor,
Department of Physical Education

To

The Principal,
SN College, Punalur.


Sir,

Permission may please be
given to conduct various competitions
of our college for the academic
year 2016-17.

Thanking You

Yours faithfully

Punalur,
20.09.22.



Santhosh. R



Permitted
PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR
20/09/22

SREE NARAYANA COLLEGE, PUNALUR

NOTICE

The department of physical education decided to conduct interdepartmental tournaments in the following disciplines.

1. Cricket
2. Football
3. Shuttle Badminton
4. Athletics

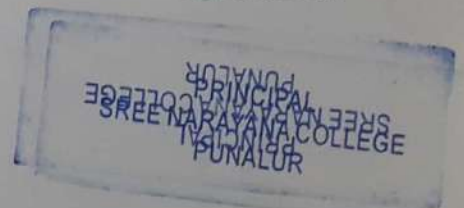
Students who are interested to participate my contact the department of physical education on or before 22-09-2016.

20-09-2016


PRINCIPAL

Copy to,

1. College Notice Board
2. All department notice board
3. HoD, Department of Physical Education



SREE NARAYANA COLLEG, PUNALUR

NOTICE

This is hereby to inform all the student that Sree Narayana College, Punalur going to celebrate our Arts day from 11th and 12th January 2017 at 10 am at the college auditorium with various cultural programs. The details of programs to be displayed on the college notice board. Students who are interested to participate can contact the Arts club convener Mrs. Soumya Viswambharan, Assistant Professor, Department of Economics on or before 05/01/2017. All the students are cordially invited to attend the function.

31/12/2016



A handwritten signature in green ink, appearing to be "Amr".

PRINCIPAL

PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR

2017-2018

From,

Bipin Belam

Asst. Professor on Contract

Dept. of Physical Education.

S.N. College, Punalur

To,

The Principal

S.N. College, Punalur

Sir,

Kindly permit me to conduct different
Competitions of our college for the academic
year 2018-2019.

Punalur

04-09-2018



Bipin Belam

Permitted.

04/09/2018

PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR



SREE NARAYANA COLLEG, PUNALUR

NOTICE

The department of physical education decided to conduct interdepartmental tournaments in the following disciplines.

1. Cricket
2. Football
3. Shuttle Badminton
4. Athletics

Students who are interested to participate my contact the department of physical education on or before 08-10-2017.

06-10-2017



PRINCIPAL

Copy to,

1. College Notice Board
2. All department notice board
3. HoD, Department of Physical Education

PRINCIPAL IN CHARGE
SREE NARAYANA COLLEGE
PUNALUR



SREE NARAYANA COLLEGE, PUNALUR

NOTICE

This is hereby to inform all the student that Sree Narayana College, Punalur going to celebrate our Arts day from 8th and 9th January 2018 at 10 am at the college auditorium with various cultural programs. The details of programs to be displayed on the college notice board. Students who are interested to participate can contact Arts club convenor ,Mrs Reshma R , Assistant Professor, Department of English on or before 04/01/2018. All the students are cordially invited to attend the function.

30/12/2017



PRINCIPAL



PRINCIPAL-IN-CHARGE
SREE NARAYANA COLLEGE
PUNALUR

2018-2019

From

Sankhosh. R
Associate Professor,
Department of Physical Education

To

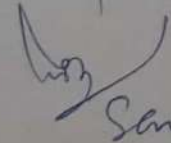
The Principal,
SN College, Punalur.

Sir,

Permission may please be given
to organize various competition (inter
departmental) for the academic
year 2019-20.

Thanking You

Yours faithfully


Sankhosh. R

Punalur,
10/09/2019

Permitted
Principal
SREE NARAYANA COLLEGE
PUNALUR



SREE NARAYANA COLLEGE, PUNALUR

NOTICE

The department of physical education decided to conduct interdepartmental tournaments in the following disciplines.

1. Cricket
2. Football
3. Shuttle Badminton
4. Athletics

Students who are interested to participate my contact the department of physical education on or before 06-09-2018.

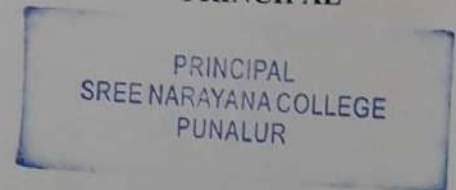
04-09-2018

Copy to,

1. College Notice Board
2. All department notice board
3. HoD, Department of Physical Education



PRINCIPAL



SREE NARAYANA COLLEGE, PUNALUR

NOTICE

This is hereby to inform all the student that Sree Narayana College, Punalur going to celebrate our Arts day from 18th to 22nd February 2019 at 10 am at the college auditorium with various cultural programs. The details of programs to be displayed on the college notice board. Students who are interested to participate can contact arts club convenor Mrs Reshma R , Assistant Professor, Department of English on or before 25/01/2019. All the students are cordially invited to attend the function.

13-01-2019



A handwritten signature in green ink, appearing to be "S. Reshma R.", written over the printed name of the principal.

PRINCIPAL

PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR

2019-2020

From

Ajesh. C.R

Assistant Professor on contract

Dept of physical education.

To,

The Principal

S.N College Punalur

Sir

Department of physical education wish to
organise various competitions for the
students for the academic year 2017-18.

Permission may please be granted.

Thanking you

Yours faithfully

Punalur

6.10.2017



Received

Ajesh
10/10/2017

PRINCIPAL - IN - CHARGE
SREE NARAYANA COLLEGE
PUNALUR

Ajesh.C.R

Ajesh

SREE NARAYANA COLLEG, PUNALUR

NOTICE

The department of physical education decided to conduct interdepartmental tournaments in the following disciplines.

1. Cricket
2. Football
3. Shuttle Badminton
4. Athletics

Students who are interested to participate my contact the department of physical education on or before 18-09-2019.

16-09-2019

Copy to,

1. College Notice Board
2. All department notice board
3. HoD, Department of Physical Education


PRINCIPAL

PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR



SREE NARAYANA COLLEG, PUNALUR

NOTICE

This is hereby to inform all the student that Sree Narayana College, Punalur going to celebrate our Arts day from 9th and 10th January 2020 at 10 am at the college auditorium with various cultural programs. The details of programs to be displayed on the college notice board. Students who are interested to participate may contact Arts club convener Mrs Reshma R, Assistant Professor, Department of English on or before 03/01/2020. All the students are cordially invited to attend the function.

29-12-2019




PRINCIPAL

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SREE NARAYANA COLLEGE
PUNALUR

3. List of students participated in different events year wise duly signed by the competent authority

List of students participated in various activities during the academic year 2016-2017

Name of the student participated	Name of the event (M-MEN,W-WOMEN)
Job G B	Shuttle Badminton (M)
Muhammed Ashik	Shuttle Badminton (M)
Kiran S.	Shuttle Badminton (M)
Vishnu S	Shuttle Badminton (M)
Amal A S	Shuttle Badminton (M)
Sachin N S	Shuttle Badminton (M)
Sarath Krishnan	Shuttle Badminton (M)
Jithin S M	Shuttle Badminton (M)
Ajash Khan	Cricket (M)
Harikumar	Cricket (M)
Krishna Kumar H	Cricket (M)
Muhammed Ramshad R	Cricket (M)
Adith Mohan	Cricket (M)
Kriran Babu	Cricket (M)
Pranav P S	Cricket (M)
Niyas S	Cricket (M)
Thirumoorthi R C	Cricket (M)
Ashik Muhammed	Cricket (M)
Anoop B	Cricket (M)
Sachin N S	Cricket (M)
Likhin S	Cricket (M)
Ashik K	Cricket (M)
Jithin S M	Cricket (M)
Anu B	Cricket (M)
Aparna A	Cross Country (W)
Subi Mathew	Cross Country (W)
Sreelekshmi R	Cross Country (W)
Sreelekshmi R S	Cross Country (W)
Rani M	Cross Country (W)
Shiji Mathew	Cross Country (W)
Jithin S M	Cross Country (M)
Jibin B	Cross Country (M)
Ansif S	Cross Country (M)
Bibin B	Cross Country (M)
Prathul Narayanan	Cross Country (M)
Shanmugaraj M	Cross Country (M)
Niyas S	Cross Country (M)
Akash S	Cross Country (M)
Anu B	Cross Country (M)
Aparna A	Half Marathon (W)
Rani M	Half Marathon (W)
Bibin B	Half Marathon (M)
Jibin B	Half Marathon (M)
Prathul Narayanan	Half Marathon (M)
Pranav P S	Kollam District Amateur Athletic Championship (M)



PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR

Sarath Krishnan	Kollam Ditriect Amateur Athletic Championship (M)
Kannappan T	Kollam Ditriect Amateur Athletic Championship (M)
Brijith Aji	Kollam Ditriect Amateur Athletic Championship (M)
Akhil A	Kollam Ditriect Amateur Athletic Championship (M)
Bibin B	Kollam Ditriect Amateur Athletic Championship (M)
Jithin S M	Kollam Ditriect Amateur Athletic Championship (M)
Shanmugaraj M	Kollam Ditriect Amateur Athletic Championship (M)
Nandu S	Kollam Ditriect Amateur Athletic Championship (M)
Niyas S	Kollam Ditriect Amateur Athletic Championship (M)
Likhin S	Kollam Ditriect Amateur Athletic Championship (M)
Akash S	Kollam Ditriect Amateur Athletic Championship (M)
Jibin B	Kollam Ditriect Amateur Athletic Championship (M)
Ansif S	Kollam Ditriect Amateur Athletic Championship (M)
Prathul Narayanan	Kollam Ditriect Amateur Athletic Championship (M)
Prince S	Kollam Ditriect Amateur Athletic Championship (M)
Roshan Josde Kurian	Kollam Ditriect Amateur Athletic Championship (M)
Anu B	Kollam Ditriect Amateur Athletic Championship (M)
Job G B	Kollam Ditriect Amateur Athletic Championship (M)
Kiran S.	Kollam Ditriect Amateur Athletic Championship (M)
Vishnu S	Kollam Ditriect Amateur Athletic Championship (M)
Amal A S	Kollam Ditriect Amateur Athletic Championship (M)
Sachin N S	Kollam Ditriect Amateur Athletic Championship (M)
Harikumar	Kollam Ditriect Amateur Athletic Championship (M)
vipin V	Kollam Ditriect Amateur Athletic Championship (M)
Sreelekshmi R	Kollam Ditriect Amateur Athletic Championship (M)
Sreelekshmi R S	Kollam Ditriect Amateur Athletic Championship (W)
Abhaya P	Kollam Ditriect Amateur Athletic Championship (W)
Subi Mathew	Kollam Ditriect Amateur Athletic Championship (W)
Anju Chako	Kollam Ditriect Amateur Athletic Championship (W)
Shiji Mathew	Kollam Ditriect Amateur Athletic Championship (W)
Rani M	Kollam Ditriect Amateur Athletic Championship (W)
Aparna A	Kollam Ditriect Amateur Athletic Championship (W)
Pranav P S	Kollam Ditriect Amateur Athletic Championship (W)
Anu B	Kerala State Amateur Athletic Meet (M)
Jithin S M	Kerala State Amateur Athletic Meet (M)
Bibin B	Kerala State Amateur Athletic Meet (M)
Sarath Krishnan	Kerala State Amateur Athletic Meet (M)
Subi Mathew	Kerala State Amateur Athletic Meet (M)
Rani M	Kerala State Amateur Athletic Meet (W)
Abhaya P	Kerala State Amateur Athletic Meet (W)
Silpa Raj	Kerala University Athletic Meet (W)
Aparna A	Kerala University Athletic Meet (W)
Sreeleshmi R	Kerala University Athletic Meet (W)
Subi Mathew	Kerala University Athletic Meet (W)
Anju Chako	Kerala University Athletic Meet (W)
Shiji Mathew	Kerala University Athletic Meet (W)
Rani M	Kerala University Athletic Meet (W)
Likhin S	Kerala University Athletic Meet (M)
Akash S	Kerala University Athletic Meet (M)



PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR

Jithin S M	Kerala University Athletic Meet (M)
Jibin B	Kerala University Athletic Meet (M)
Ansif S	Kerala University Athletic Meet (M)
Bibin B	Kerala University Athletic Meet (M)
Prathul Narayanan	Kerala University Athletic Meet (M)
Shanmugaraj M	Kerala University Athletic Meet (M)
Prince S	Kerala University Athletic Meet (M)
Pranav P S	Kerala University Athletic Meet (M)
Niyas S	Kerala University Athletic Meet (M)
Sarath Krishnan	Kerala University Athletic Meet (M)
Nandu S	Kerala University Athletic Meet (M)
Ananthu V Babu	Kerala University Athletic Meet (M)
Brijith Aji	Kerala University Athletic Meet (M)
Kannappan T	Kerala University Athletic Meet (M)
Roshan Josde Kurian	Kerala University Athletic Meet (M)
Akhil A	Kerala University Athletic Meet (M)
Anu B	Kerala University Athletic Meet (M)
Arjun Suresh	Football (M)
Kriran Dev	Football (M)
Rahul R	Football (M)
Anandu V	Football (M)
Amal A Ashok	Football (M)
Vinayak V S	Football (M)
Aarish Kanth	Football (M)
Adrash S S	Football (M)
Aravind N	Football (M)
Chandhu C	Football (M)
Nandu Raj	Football (M)
Nandu S	Football (M)
Abhijith S	Football (M)
Amal Jith M	Football (M)
Anand Mohanakrishnan	Football (M)
Brijith Aji	Football (M)
Shanu M	Football (M)
Nandhu Krishnan R	Football (M)
Abhilash S	Football (M)
Akhil Dev	Football (M)
Amal A S	Football (M)
Jinuraj R	Football (M)
Sreekuttan P S	Football (M)
Binoop Babu	Football (M)
Anandu Krishnan R	Football (M)
Ajith T J	Football (M)
Arjun S	Football (M)
Athul T	Football (M)
Jithin S M	Football (M)
Sarath M	Football (M)
Sabarai U M	Football (M)



PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR

Vishnu C	Football (M)
Anandhu Gopan	Football (M)
Gokul R	Football (M)
Gopin G	Football (M)
Pathul Narayanan	Football (M)
Sreerag S	Football (M)
Abhishek M P	Football (M)
Abin A Varghese	Football (M)
Akhil Mohan	Football (M)
Aravind Krishna R S	Football (M)
Manu G P	Football (M)
Shivakumar S	Football (M)
Akhil Sha	Football (M)
Arjun S	Football (M)
Arshnd Ajith	Football (M)
Vignesh M	Football (M)
Vishu A B	Football (M)
Adhith Mohan	Football (M)
Ashik Muhannaed	Football (M)
Kannappan T	Football (M)
Mahesh M	Football (M)
Parthul P	Football (M)
Vibin Das V	Football (M)
Abilash K	Football (M)
Abin A B	Football (M)
Ajmal N S	Football (M)
Midhun Kumar M	Football (M)
Madav A	Football (M)
Deepu S	Football (M)
Nithin Hari	Football (M)
Syam Raj S	Football (M)
Abin Santhoosh	Football (M)
Akshai S	Football (M)
Anoop P	Football (M)
Suvek Vasanthan	Football (M)
Gokul S	Football (M)
Rani Roy	Football (M)
Abhijith F S	Football (M)
Anoop M	Football (M)
Anuroop M	Football (M)
Akhil Krishnan H R	Football (M)
Gokul U Nair	Football (M)
Abhijith S	Football (M)
Alok Vijay V R	Football (M)
Anandu Bhasuran	Football (M)
Bipin B	Football (M)
vishnu B	Football (M)
Aneesh Mohan S	Football (M)



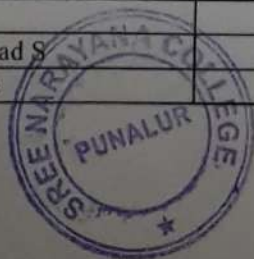
PRINCIPAL
SRI NARAYANA COLLEGE
PUNALUR

Vishnu Vijayan	Football (M)
Vipin Biju	Football (M)
Ajin Raj	Football (M)
Dinakaran Babu	Football (M)
Ajash Khan	Cricket (M)
Harikumar	Cricket (M)
Krishna Kumar H	Cricket (M)
Muhammed Ramshad R	Cricket (M)
Adith Mohan	Cricket (M)
Kriran Babu	Cricket (M)
Pranav P S	Cricket (M)
Niyas S	Cricket (M)
Thirumoorthi R C	Cricket (M)
Ashik Muhammed	Cricket (M)
Anoop B	Cricket (M)
Sachin N S	Cricket (M)
Likhin S	Cricket (M)
Ashik K	Cricket (M)
Jithin S M	Cricket (M)
Anu B	Cricket (M)
Arjun Suresh	Cricket (M)
Kriran Dev	Cricket (M)
Rahul R	Cricket (M)
Anandu V	Cricket (M)
Amal A Ashok	Cricket (M)
Chandhu C	Cricket (M)
Nandu Raj	Cricket (M)
Nandu S	Cricket (M)
Abhijith S	Cricket (M)
Amal Jith M	Cricket (M)
Nandhu Krishnan R	Cricket (M)
Abhilash S	Cricket (M)
Akhil Dev	Cricket (M)
Amal A S	Cricket (M)
Anandu Krishnan R	Cricket (M)
Ajith T J	Cricket (M)
Arjun S	Cricket (M)
Athul T	Cricket (M)
Pathul Narayanan	Cricket (M)
Sreerag S	Cricket (M)
Abhishek M P	Cricket (M)
Abin A Varghese	Cricket (M)
Akhil Mohan	Cricket (M)
Adhith Mohan	Cricket (M)
Ashik Muhannaed	Cricket (M)
Kannappan T	Cricket (M)
Mahesh M	Cricket (M)
Parthul P	Cricket (M)



PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR

Syam Raj S		
Abin Santhoosh		Cricket (M)
Akshai S		Cricket (M)
Anoop P		Cricket (M)
Suvek Vasanthan		Cricket (M)
Abhijith S		Cricket (M)
Alok Vijay V R		Cricket (M)
Anandu Bhasuran		Cricket (M)
Bipin B		Cricket (M)
vishnu B		Cricket (M)
Aneesh Mohan S		Cricket (M)
Aneesh Mohan S		Cricket (M)
Aravind N		Cricket (M)
Chandhu C		Cricket (M)
Nandu Raj		Cricket (M)
Nandu S		Cricket (M)
Amal A S		Cricket (M)
Jinuraj R		Cricket (M)
Sreekuttan P S		Cricket (M)
Binoop Babu		Cricket (M)
Ajith T J		Cricket (M)
Arjun S		Cricket (M)
Athul T		Cricket (M)
Jithin S M		Cricket (M)
Sarath M		Cricket (M)
Arjun S		Cricket (M)
Arshnd Ajith		Cricket (M)
Vignesh M		Cricket (M)
Vishu A B		Cricket (M)
Abin A B		Cricket (M)
Ajmal N S		Cricket (M)
Midhun Kumar M		Cricket (M)
Madav A		Cricket (M)
Deepu S		Cricket (M)
Rani Roy		Cricket (M)
Abhijith F S		Cricket (M)
Anoop M		Cricket (M)
Anuroop M		Cricket (M)
Akhil Krishnan H R		Cricket (M)
Syam S Nair		Cricket (M)
Goutham Krshna C A		Cricket (M)
Krishna Praksh		Cricket (M)
Vivek U S		Cricket (M)
Subin Sha S S		Cricket (M)
Yadhu Krishnan R		Cricket (M)
Gandimohan J		Cricket (M)
Muhammed Shahad S		Cricket (M)
Ansu Alex lukose		Cricket (M)



PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR

Jojo Varghese	
Muhammed Anas A	Cricket (M)
Vinayak P R	Cricket (M)
Sreelekshmi R	Cricket (M)
Sreelekshmi R S	Shuttle Badminton (W)
Abhaya P	Shuttle Badminton (W)
Subi Mathew	Shuttle Badminton (W)
Anju Chako	Shuttle Badminton (W)
Shiji Mathew	Shuttle Badminton (W)
Rani M	Shuttle Badminton (W)
Aparna A	Shuttle Badminton (W)
Pravena M G	Shuttle Badminton (W)
Ardra M Murali	Shuttle Badminton (W)
Geethu Mohan L	Shuttle Badminton (W)
Vineetha Krishnan	Shuttle Badminton (W)
Bhavani T	Shuttle Badminton (W)
Punya Prakash	Shuttle Badminton (W)
Reshma R Pillai	Shuttle Badminton (W)
Preeja J	Shuttle Badminton (W)
Raji Rajendran	Shuttle Badminton (W)
Job G B	Shuttle Badminton (W)
Muhammed Ashik	Shuttle Badminton (M)
Kiran S.	Shuttle Badminton (M)
Vishnu S	Shuttle Badminton (M)
Amal A S	Shuttle Badminton (M)
Sachin N S	Shuttle Badminton (M)
Sarath Krishnan	Shuttle Badminton (M)
Jithin S M	Shuttle Badminton (M)
Nithin Raj R B	Shuttle Badminton (M)
Jeevan K Raj	Shuttle Badminton (M)
Roshan M Sood	Shuttle Badminton (M)
Satha S J	Shuttle Badminton (M)
Alok Vijay V R	Shuttle Badminton (M)
Vivek U S	Shuttle Badminton (M)
Anijith T	Shuttle Badminton (M)
Syam S Nair	Shuttle Badminton (M)
Abin A B	Shuttle Badminton (M)
Ajmal N S	Shuttle Badminton (M)
Krishnan Unni K A	Shuttle Badminton (M)
Liji Roy	Shuttle Badminton (M)
Timin M Thomas	Shuttle Badminton (M)
Binil Baiju	Shuttle Badminton (M)
Jinuraj R	Shuttle Badminton (M)
Pranav P S	Athletics (M)
Sarath Krishnan	Athletics (M)
Kannappan T	Athletics (M)
Brijith Aji	Athletics (M)
Akhil A	Athletics (M)



PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR

Bibin B	Athletics (M)
Jithin S M	Athletics (M)
Shanmugaraj M	Athletics (M)
Nandu S	Athletics (M)
Niyas S	Athletics (M)
Likhin S	Athletics (M)
Akash S	Athletics (M)
Jibin B	Athletics (M)
Ansif S	Athletics (M)
Prathul Narayanan	Athletics (M)
Prince S	Athletics (M)
Roshan Josde Kurian	Athletics (M)
Anu B	Athletics (M)
Job G B	Athletics (M)
Kiran S.	Athletics (M)
Vishnu S	Athletics (M)
Amal A S	Athletics (M)
Sachin N S	Athletics (M)
Harikumar	Athletics (M)
vipin V	Athletics (M)
Job G B	Athletics (M)
Muhammed Ashik	Athletics (M)
Kiran S.	Athletics (M)
Vishnu S	Athletics (M)
Amal A S	Athletics (M)
Ajash Khan	Athletics (M)
Harikumar	Athletics (M)
Krishna Kumar H	Athletics (M)
Muhammed Ramshad R	Athletics (M)
Adith Mohan	Athletics (M)
Kriran Babu	Athletics (M)
Thirumoorthi R C	Athletics (M)
Ashik Muhammed	Athletics (M)
Arjun Suresh	Athletics (M)
Kriran Dev	Athletics (M)
Rahul R	Athletics (M)
Anandu V	Athletics (M)
Amal A Ashok	Athletics (M)
Vinayak V S	Athletics (M)
Abhijith S	Athletics (M)
Amal Jith M	Athletics (M)
Anand Mohanakrishnan	Athletics (M)
Anandu Krishnan R	Athletics (M)
Ajith T J	Athletics (M)
Arjun S	Athletics (M)
Athul T	Athletics (M)
Sreerag S	Athletics (M)
Abhishek M P	Athletics (M)



PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR

Abin A Varghese	Athletics (M)
Akhil Mohan	Athletics (M)
Aravind Krishna R S	Athletics (M)
Manu G P	Athletics (M)
Shivakumar S	Athletics (M)
Akhil Sha	Athletics (M)
Vibin Das V	Athletics (M)
Abilash K	Athletics (M)
Abin A B	Athletics (M)
Ajmal N S	Athletics (M)
Midhun Kumar M	Athletics (M)
Madav A	Athletics (M)
Deepu S	Athletics (M)
Nithin Hari	Athletics (M)
Syam Raj S	Athletics (M)
Abin Santhoosh	Athletics (M)
Akshai S	Athletics (M)
Akhil Krishnan H R	Athletics (M)
Gokul U Nair	Athletics (M)
Abhijith S	Athletics (M)
Alok Vijay V R	Athletics (M)
Anandu Bhasuran	Athletics (M)
Subi Mathew	Athletics (W)
Rani M	Athletics (W)
Abhaya P	Athletics (W)
Silpa Raj	Athletics (W)
Aparna A	Athletics (W)
Sreeleshmi R	Athletics (W)
Subi Mathew	Athletics (W)
Anju Chako	Athletics (W)
Shiji Mathew	Athletics (W)
Rani M	Athletics (W)
Sndra M	Athletics (W)
Kerthana S	Athletics (W)
Anaswara M	Athletics (W)
Ash B	Athletics (W)
Rinu Priya U S	Athletics (W)
Rubi Roy	Athletics (W)
Aparna T Sasi	Athletics (W)
Anju G	Athletics (W)
Aksa V Suresh	Athletics (W)
Pooja Sajeev	Athletics (W)
Ayana S	Athletics (W)
Vidya M	Athletics (W)
Devi S	Athletics (W)
Jibi Susan Raj	Athletics (W)
Sreekutti M S	Athletics (W)
Bindu R	Athletics (W)

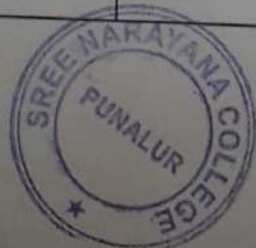


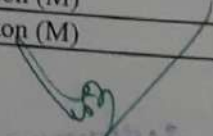
PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR

Shabana S	
Thara P	Athletics (W)
Suganya S Nair	Athletics (W)
Punya Prakash	Athletics (W)
Reja J	Athletics (W)
Meenu G	Athletics (W)
Kavya Ajinath	Athletics (W)
Meenu S	Athletics (W)
Saumya S	Athletics (W)
Pavithra R	Athletics (W)
Aleena B	Athletics (W)
Srythy Murugan	Athletics (W)
Ahbijith S	Athletics (W)
Thasli Basheer	Brick holding
Ansiya and Party	Elocution English
	Group song
Pooja Sajeev	Poetry writing ,
Thasli Basheer	Essay writing,
Pooja Sajeev	Essay writing
Akhila Anil and Group	Essay writing
	Athapookkalam

List of students participated in various activities during the academic year 2017-2018

Name of the student participated	Name of the event (M-MEN,W-WOMEN)
Sreenath S	
Niyas S	Cross Country (M)
Anandu J Vijayan	Cross Country (M)
Akashai S	Cross Country (M)
Shanmugaraj M	Cross Country (M)
Nandu S	Cross Country (M)
Amarnath V G	Cross Country (M)
Jithin S M	Cross Country (M)
Jibin B	Cross Country (M)
Akhil P	Cross Country (M)
Akhil Dev S	Kabaddi (M)
Akaishai S	Kabaddi (M)
Anandu Gopan	Kabaddi (M)
Arjun Suresh	Kabaddi (M)
Jithin S M	Kabaddi (M)
Muhammaed Riyas	Kabaddi (M)
Pranav P S	Kabaddi (M)
Roshan Josde Kurian	Kabaddi (M)
Vivek V S	Kabaddi (M)
Muhammed Ashik P S	Kabaddi (M)
Kiran S.	Shuttle Badminton (M)
	Shuttle Badminton (M)




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Vishnu S	
Sachin N S	Shuttle Badminton (M)
Amal A S	Shuttle Badminton (M)
Sreejith A Nair	Shuttle Badminton (M)
Abhinanth G S	Shuttle Badminton (M)
Ajin Raj	Wrestling (M)
Sidharth Jayan	Best Physique(M)
Rani M	Best Physique(M)
vipin V	Athletics (W)
Faizal S	Athletics (M)
Sreenath S	Athletics (M)
Anceah M	Athletics (M)
Roshan Josde Kurian	Athletics (M)
Sarath Krishnan	Athletics (M)
Akhil A	Athletics (M)
Abinsha Hashim	Athletics (M)
Rohan R	Athletics (M)
Anandhu Vijayan	Athletics (M)
Akashai S	Athletics (M)
Shanmugaraj M	Athletics (M)
Vishnu S	Athletics (M)
Kannappan T	Athletics (M)
Nandu S	Athletics (M)
Amarnath V G	Athletics (M)
Jithin S M	Athletics (M)
Pranav P S	Athletics (M)
Vishnu Raj P	Athletics (M)
Jibin B	Athletics (M)
Snjay Y	Football (M)
Sunil S	Football (M)
Abinsha Hashim	Football (M)
T P Abin	Football (M)
Vignesh M	Football (M)
Karthik R	Football (M)
Aarish Kanth	Football (M)
Shinash S	Football (M)
Vishnu Rtheeshan	Football (M)
Sreerag S	Football (M)
Saikrishnan U G	Football (M)
Nandu S	Football (M)
Ashik K Vahabudheen	Football (M)
Abhram B	Football (M)
Akaishai S Nair	Football (M)
Anandu Krishnan R	Football (M)
Athun P Anil	Football (M)
Sooraj Sreekumar	Football (M)
Abhilash S	Football (M)
Sreejith A Nair	Football (M)



PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR

Amal A S	Football (M)
Jinuraj R	Football (M)
Sreekuttan P S	Football (M)
Binoop Babu	Football (M)
Anandu Krishnan R	Football (M)
Ajith T J	Football (M)
Arjun S	Football (M)
Aju A	Football (M)
Jithin S M	Football (M)
Nandu Nakulan	Football (M)
Sabarai U M	Football (M)
Praveen V	Football (M)
Anandhu Gopan	Football (M)
Thoufeek A	Football (M)
Gopin G	Football (M)
Aadish N Raj	Football (M)
Sreerag S	Football (M)
AjayaSingh	Football (M)
Abin A Varghese	Football (M)
Akhil Mohan	Football (M)
Aravind Krishna R S	Football (M)
Manu G P	Football (M)
Shivakumar S	Football (M)
Akhil Sha	Football (M)
Arjun S	Football (M)
Abi Krishna G	Football (M)
Vignesh M	Football (M)
Amarnath V G	Football (M)
Adhith Mohan	Football (M)
Aromal R S	Football (M)
Kannappan T	Football (M)
Arun M S	Football (M)
Sun Regu	Football (M)
Jery Johnson	Football (M)
Abilash K	Football (M)
Sreehari S Kumar	Football (M)
Ajmal N S	Football (M)
Vipin Biju	Football (M)
Madav A	Football (M)
Sharan Dev	Football (M)
Nithin Hari	Football (M)
Syam Raj S	Football (M)
Venu Gopal	Football (M)
Abhishek B S	Football (M)
Binu Krishnan	Football (M)
Suvek Vasanthan	Football (M)
Gokul S	Football (M)
Rahul B	Football (M)



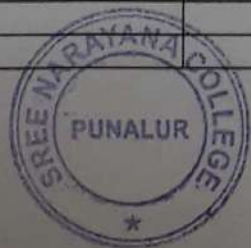
PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR

Rahul R	
Sarath Sreekumar	Football (M)
Sreehari N	Football (M)
Akhil Krishnan H R	Football (M)
Kriran Raj	Football (M)
Vishnu Sumesh	Football (M)
Alok Vijay V R	Football (M)
Amal S	Football (M)
Akashai S	Football (M)
vishnu B	Football (M)
Aneesh Mohan S	Football (M)
Vishnu Vijayan	Football (M)
Vipin Biju	Football (M)
Ajin Raj	Football (M)
Dinakaran Babu	Football (M)
Krishna Kumar	Football (M)
Akaishai Raj	Cricket (M)
Unnikrishnan N	Cricket (M)
Shanu L	Cricket (M)
Binoop Babu	Cricket (M)
Jojo Varghese	Cricket (M)
Sreejith M S	Cricket (M)
Abhiram B	Cricket (M)
Akhil Chndrababu	Cricket (M)
Akashay S Nair	Cricket (M)
Anandu M V	Cricket (M)
Ashwin v	Cricket (M)
Yadhu Krishnan M S	Cricket (M)
Stephin Mathew	Cricket (M)
Sreejith A Nair	Cricket (M)
Abhishek V	Cricket (M)
Manu G T	Cricket (M)
Roshan Josde Kurian	Cricket (M)
Ajash Khan	Cricket (M)
Muhammed Ramshad R	Cricket (M)
KiranBabu	Cricket (M)
Muhammed ashik P S	Cricket (M)
Aderash S	Cricket (M)
Bhagyanath b S	Cricket (M)
Irshad R	Cricket (M)
Praveen V	Cricket (M)
Sharan M S	Cricket (M)
Achu S	Cricket (M)
Anandhu J vijayan	Cricket (M)
Arun Sai	Cricket (M)
Niyas S	Cricket (M)
Jithin S M	Cricket (M)
Harikumar	Cricket (M)



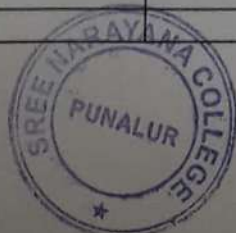
PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR

Gopin G	Cricket (M)
Liji Roy	Cricket (M)
Arjun S	Cricket (M)
Athul T	Cricket (M)
Akashai S	Cricket (M)
Abhinanth A	Cricket (M)
Ajith Kumar S	Cricket (M)
Sharan Das	Cricket (M)
Sarath Sreekumar	Cricket (M)
Vivek S	Cricket (M)
Jyothish G	Cricket (M)
Kiran Raj	Cricket (M)
Ansal N	Cricket (M)
Pranav S	Cricket (M)
Pravnav P S	Cricket (M)
Abin K S	Cricket (M)
Aravind Udhayan	Cricket (M)
Gokul S	Cricket (M)
Chandhu C	Cricket (M)
Achu P	Cricket (M)
Abin A	Cricket (M)
Ajin Achenkunju	Cricket (M)
Al Amean	Cricket (M)
sreerag S	Cricket (M)
Tito Thankachan	Cricket (M)
Nikhil M Huzain	Cricket (M)
Ashaik Muhammed	Cricket (M)
Sachin N S	Cricket (M)
Vishu B	Cricket (M)
Vivek S	Cricket (M)
Akhil Krishnan H R	Cricket (M)
Jishnu G R	Cricket (M)
Anandu Bhasuran	Cricket (M)
Harikrishnan B	Cricket (M)
Subin Sha S S	Cricket (M)
Binu Krishnan R	Cricket (M)
Vipin Vijayan	Cricket (M)
Amal S	Cricket (M)
Syam S Nair	Cricket (M)
Adith Mohan	Cricket (M)
Thirumoorthi R C	Cricket (M)
Ashik Muhammed	Cricket (M)
Muhammed Shahad S	Cricket (M)
Midhun Kumar M	Cricket (M)
Goutham Krshna C A	Cricket (M)
Abhilash K	Cricket (M)
Akhil A G	Cricket (M)
Abhijith T	Cricket (M)



PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR

Madav A	
Amarnath V G	Cricket (M)
Abikrishna g	Cricket (M)
Arum M S	Cricket (M)
Aromal R S	Cricket (M)
Binduja S Biju	Cricket (M)
Meenu M	Shuttle Badminton (W)
Merlin V	Shuttle Badminton (W)
Sujitha R	Shuttle Badminton (W)
Amrutha P S	Shuttle Badminton (W)
Harinadhana M S	Shuttle Badminton (W)
Ragi Rajendran	Shuttle Badminton (W)
Preeja J	Shuttle Badminton (W)
Reshma R Pillai	Shuttle Badminton (W)
Punya Prakash	Shuttle Badminton (W)
Bhavani T	Shuttle Badminton (W)
Geethumohan L	Shuttle Badminton (W)
Muhammed Ashik P S	Shuttle Badminton (M)
Kiran S.	Shuttle Badminton (M)
Vishnu S	Shuttle Badminton (M)
Sachin N S	Shuttle Badminton (M)
Amal A S	Shuttle Badminton (M)
Sreejith A Nair	Shuttle Badminton (M)
Syam S Nair	Shuttle Badminton (M)
Abhin A B	Shuttle Badminton (M)
Ajmal N S	Shuttle Badminton (M)
Krishnan Unni K A	Shuttle Badminton (M)
Timin M Thomas	Shuttle Badminton (M)
Chindu Suresh	Shuttle Badminton (M)
Al Amean R	Shuttle Badminton (M)
Anand S	Shuttle Badminton (M)
Ashwin S	Shuttle Badminton (M)
Jery Johnson	Shuttle Badminton (M)
Bibin Gireesh	Shuttle Badminton (M)
Abhiram M D	Shuttle Badminton (M)
Adish S Kumar	Shuttle Badminton (M)
Kiran P R	Shuttle Badminton (M)
Vishnu B	Shuttle Badminton (M)
Rani M	Athletics (W)
Subi Mathew	Athletics (W)
Sreeleshmi R	Athletics (W)
Anju Chako	Athletics (W)
Revathy S S	Athletics (W)
Varsha B	Athletics (W)
Chinju Vijayan	Athletics (W)
Sangeetha S	Athletics (W)
Vaishnavika V	Athletics (W)
Anju Prakashan	Athletics (W)



PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR

Devi Lekshmi	Athletics (W)
Midhuna Saji	Athletics (W)
Akshaya Anil	Athletics (W)
Sruthy S	Athletics (W)
Mega S	Athletics (W)
Bhagya J B	Athletics (W)
Abhirani K S	Athletics (W)
Preena P M	Athletics (W)
Aparna Rajan	Athletics (W)
Ayana Soory	Athletics (W)
Arunima M	Athletics (W)
Pravitha S	Athletics (W)
Aswathy V R	Athletics (W)
Mega M S	Athletics (W)
Lekshmi S suraj	Athletics (W)
Anjusha	Athletics (W)
vipin V	Athletics (M)
Faizal S	Athletics (M)
Sreenath S	Athletics (M)
Aneeah M	Athletics (M)
Roshan Josde Kurian	Athletics (M)
Sarath Krishnan	Athletics (M)
Akhil A	Athletics (M)
Abinsha Hashim	Athletics (M)
Rohan R	Athletics (M)
Anandhu Vijayan	Athletics (M)
Akashai S	Athletics (M)
Shanmugaraj M	Athletics (M)
Vishnu S	Athletics (M)
Kannappan T	Athletics (M)
Nandu S	Athletics (M)
Amarnath V G	Athletics (M)
Jithin S M	Athletics (M)
Pranav P S	Athletics (M)
Vishnu Raj P	Athletics (M)
Jibin B	Athletics (M)
Snjay Y	Athletics (M)
Sunil S	Athletics (M)
Abinsha Hashim	Athletics (M)
Vignesh M	Athletics (M)
T P Abin	Athletics (M)
Karthik R	Athletics (M)
Aarish Kanth	Athletics (M)
Shinash S	Athletics (M)
Vishnu Rtheeshan	Athletics (M)
Athun P Anil	Athletics (M)
Sooraj Sreekumar	Athletics (M)
Abhilash S	Athletics (M)



PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR

Sreejith A Nair	
Amal A S	Athletics (M)
Jinuraj R	Athletics (M)
Sreekuttan P S	Athletics (M)
Binoop Babu	Athletics (M)
Anandu Krishnan R	Athletics (M)
Anandhu Gopan	Athletics (M)
Thoufeek A	Athletics (M)
Gopin G	Athletics (M)
Aadish N Raj	Athletics (M)
Sreerag S	Athletics (M)
AjayaSingh	Athletics (M)
Abin A Varghese	Athletics (M)
Akhil Mohan	Athletics (M)
Aravind Krishna R S	Athletics (M)
Manu G P	Athletics (M)
Anuroop M	Athletics (M)
Akhil Krishnan H R	Athletics (M)
Gokul U Nair	Athletics (M)
Abhijith S	Athletics (M)
Alok Vijay V R	Athletics (M)
Anandu Bhasuran	Athletics (M)
Bipin B	Athletics (M)
vishnu B	Athletics (M)
Aneesh Mohan S	Athletics (M)
Venu Gopal	Athletics (M)
Abhishek B S	Athletics (M)
Binu Krishnan	Athletics (M)
Suvek Vasanthan	Athletics (M)
Gokul S	Athletics (M)
Rahul B	Athletics (M)
Rahul R	Athletics (M)
Sarath Sreekumar	Athletics (M)
Sreehari N	Athletics (M)
Akhil Krishnan H R	Athletics (M)
Krishna Kumar	Athletics (M)
Akaishai Raj	Athletics (M)
Unnikrishnan N	Athletics (M)
Shanu L	Athletics (M)
Binoop Babu	Athletics (M)
Jojo Varghese	Athletics (M)
Sreejith M S	Athletics (M)
Abhiram B	Athletics (M)
Akhil Chndrababu	Athletics (M)
Akashay S Nair	Athletics (M)
Ayana Soory	Classical music
Ayana Soory	Tamil recitation
Daison Davidson	Photography



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PUNALUR

Silpa S	Writing (Mal)
Nithin kumar S	Story writing (Mal)
Neeraja S Kumar	Classical Dance

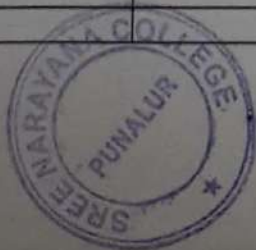
List of students participated in various activities during the academic year 2018-2019

Name of the student participated	Name of the event (M-MEN, W-WOMEN)
V R Vishnu Raj	Cross country(M)
Amarnath V G	Cross country(M)
Anandhu J	Cross country(M)
Anandhu O	Cross country(M)
Devanand V	Cross country(M)
Suraj S	Cross country(M)
Vimal Raj	Cross country(M)
Abhikrishna G	Football (M)
Abhiram J	Football (M)
Akhil Chandrababu	Football (M)
Aminul Azeez	Football (M)
Akshay S Nair	Football (M)
Anandhu J	Football (M)
Arundas M	Football (M)
Bhagyanath B S	Football (M)
Binukrishnan R	Football (M)
Gokul Syam	Football (M)
Jayaraj G Pillai	Football (M)
Jithin Raj	Football (M)
Jyothish G	Football (M)
Prathul Prabhakar	Football (M)
R Akshay Kumar	Football (M)
Rahul B	Football (M)
Rahul S	Football (M)
Sandeep S	Football (M)
Vishnu Suresh	Football (M)
Jayaraj G Pillai	Kollam District Amateur Athletic Meet
Devanand V	Kollam District Amateur Athletic Meet
Vimal Raj	Kollam District Amateur Athletic Meet
Anandhu Vijayan	Kollam District Amateur Athletic Meet
Shynu S	Kollam District Amateur Athletic Meet
Abinsha Hashim	Kollam District Amateur Athletic Meet
Faizal S	Kollam District Amateur Athletic Meet
Ajmi S U(W)	Kollam District Amateur Athletic Meet
Akhil Salim	Cricket(M)
Abhijith V Kumar	Cricket(M)
Abhishek V	Cricket(M)
Anandhu B	Cricket(M)
Anandhu O	Cricket(M)



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SREE NARAYANA COLLEGE
PUNALUR

Ansal N	Cricket(M)
Ashik Muhammed	Cricket(M)
Aswin S	Cricket(M)
Jishnu R	Cricket(M)
Krishnakumar	Cricket(M)
Manu G T	Cricket(M)
Pranav S	Cricket(M)
Roshan Jose Kurian	Cricket(M)
Sona Ponnachan	Cricket(M)
Syam S Nair	Cricket(M)
Jayaraj G Pillai	Keral University Athletics(M)
Devanand V	Keral University Athletics(M)
Vimal Raj	Keral University Athletics(M)
Anandhu Vijayan	Keral University Athletics(M)
Shynu S	Keral University Athletics(M)
Abinsha Hashim	Keral University Athletics(M)
Niyas S	Keral University Athletics(M)
Ajmi S U	Keral University Athletics(W)
Abhikrishna G	Football (M)
Abhiram J	Football (M)
Akhil Chandrababu	Football (M)
Aminul Azeez	Football (M)
Akshay S Nair	Football (M)
Anandhu J	Football (M)
Arundas M	Football (M)
Bhagyanath B S	Football (M)
Binukrishnan R	Football (M)
Gokul Syam	Football (M)
Jayaraj G Pillai	Football (M)
Jithin Raj	Football (M)
Jyothish G	Football (M)
Prathul Prabhakar	Football (M)
R Akshay Kumar	Football (M)
Rahul B	Football (M)
Rahul S	Football (M)
Sandeep S	Football (M)
Vishnu Suresh	Football (M)
Advaidd J S	Football (M)
Abhijith A J	Football (M)
Ajay Shanker P	Football (M)
Ditu Alex	Football (M)
Jishnu R	Football (M)
Saheed S	Football (M)
Aakhil Salim	Football (M)
Adithyan A	Football (M)
Akshay Krishna	Football (M)
Akash J	Football (M)
Amal Krishna T P	Football (M)



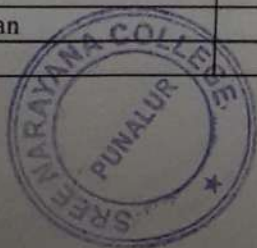
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PUNALUR

Anandu V Jayan	Football (M)
Devanth V	Football (M)
Govindh G B	Football (M)
Adarsh S	Football (M)
Anandhu b	Football (M)
Govindh Hari T S	Football (M)
Hari Krishnan S	Football (M)
Hentry Jorge	Football (M)
Jojin John Pole	Football (M)
Ajay Krishnan	Football (M)
Akash S	Football (M)
Ananthakumar T R	Football (M)
Sujith Kumar S	Football (M)
Vishnu Raj V R	Football (M)
Anand Mohanan	Football (M)
Arun A	Football (M)
Ashwin U V	Football (M)
Abhishek R Nair	Football (M)
Adil Muhammed	Football (M)
Akash P S	Football (M)
Anandu S	Football (M)
Anandu A vaishakhan	Football (M)
Anandhu O	Football (M)
Anas S	Football (M)
Anadhkrishnan C A	Football (M)
Abhimanu M S	Football (M)
Akhil M	Football (M)
Aravind S	Football (M)
Vijas Krishna V S	Football (M)
Shinu K	Football (M)
Vipin Biju	Football (M)
Ajin Raj	Football (M)
Dinakaran Babu	Football (M)
Rahul B	Football (M)
Rahul R	Football (M)
Sarath Sreekumar	Football (M)
Ajmal N S	Football (M)
Vipin Biju	Football (M)
Madav A	Football (M)
Amarnath V G	Football (M)
Adhith Mohan	Football (M)
Aromal R S	Football (M)
AjayaSingh	Football (M)
Abin A Varghese	Football (M)
Akhil Mohan	Football (M)
Sreekuttan P S	Football (M)
Binoop Babu	Football (M)
Anandu Krishnan R	Football (M)



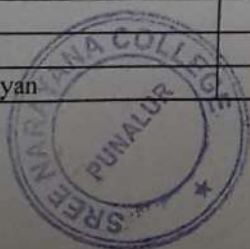
PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR

Vishnu Rtheeshan	Football (M)
Sreerag S	Football (M)
Saikrishnan U G	Football (M)
Nandu S	Football (M)
Ashik K Vahabudheen	Football (M)
Abhram B	Football (M)
Syam Jith C	Football (M)
Akash U	Football (M)
Amal S Kumar	Cricket (M)
Anandhu M	Cricket (M)
Aneesh Sathyan	Cricket (M)
Abhijith Anilkumar	Cricket (M)
Amal A	Cricket (M)
Aromal B Prasad	Cricket (M)
Karthik Parayil Suvas	Cricket (M)
Vaishk Pramod	Cricket (M)
Ajimon S	Cricket (M)
Anandakrishnan M	Cricket (M)
Arjum V Mitra	Cricket (M)
Abhishek B S	Cricket (M)
Sreehari N	Cricket (M)
Vishnu Suresh	Cricket (M)
Vipin Vijayan	Cricket (M)
Sarath P	Cricket (M)
Sethuvarmma T	Cricket (M)
Subin B Suresh	Cricket (M)
Suraj S	Cricket (M)
Nithin O	Cricket (M)
Jishnu T S	Cricket (M)
Hareesh S B	Cricket (M)
Bineesh B	Cricket (M)
Sandeep S	Cricket (M)
Rahul R	Cricket (M)
Prajish P	Cricket (M)
Kripan J S	Cricket (M)
Ashik A	Cricket (M)
Vimal Raj	Cricket (M)
Shainu S	Cricket (M)
Prathul Prabhakar	Cricket (M)
Jothikrishnan M S	Cricket (M)
Karikrishnan A B	Cricket (M)
Brijileesh S Kumar	Cricket (M)
Sidhi Krishnan G S	Cricket (M)
Savith Rejendran	Cricket (M)
Rahul K Prasad	Cricket (M)
Mrinal Sathyan	Cricket (M)
Jubin B Johannan	Cricket (M)
Alvin M	Cricket (M)



PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR

Sangeeth Raj	
Nikhil C S	Cricket (M)
Karthik U	Cricket (M)
Chandhanu Manoj	Cricket (M)
Anandhhu Divakaran	Cricket (M)
Jibil J Vijay	Cricket (M)
Sarath R	Cricket (M)
Sarag S Dev	Cricket (M)
Nithin Mohan	Cricket (M)
Lijoy Umman	Cricket (M)
Anton T Johnson	Cricket (M)
Krishna Kumar	Cricket (M)
Akaishai Raj	Cricket (M)
Unnikrishnan N	Cricket (M)
Shanu L	Cricket (M)
Binoop Babu	Cricket (M)
Binu Krishnan R	Cricket (M)
Vipin Vijayan	Cricket (M)
Amal S	Cricket (M)
Syam S Nair	Cricket (M)
Adith Mohan	Cricket (M)
Chandhu C	Cricket (M)
Achu P	Cricket (M)
Abin A	Cricket (M)
Ajin Achenkunju	Cricket (M)
Al Amean	Cricket (M)
Akashai S	Cricket (M)
Abhinanth A	Cricket (M)
Ajith Kumar S	Cricket (M)
Sharan Das	Cricket (M)
Sarath Sreekumar	Cricket (M)
Ansal N	Cricket (M)
Pranav S	Cricket (M)
Pravnav P S	Cricket (M)
Abin K S	Cricket (M)
Aravind Udhayan	Cricket (M)
Bhagyanath b S	Cricket (M)
Irshad R	Cricket (M)
Praveen V	Cricket (M)
Sharan M S	Cricket (M)
Achu S	Cricket (M)
Anandhu J vijayan	Cricket (M)
Ajeesh Das S	Cricket (M)
Devanth V	Shuttle Badminton (M)
Vimal Raj	Shuttle Badminton (M)
Abhikrishna G	Shuttle Badminton (M)
Abhiram J	Shuttle Badminton (M)
Anandhu J vijayan	Shuttle Badminton (M)



PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR

Shainu S	Shuttle Badminton (M)
Abinsha Hashim	Shuttle Badminton (M)
Anandhu J	Shuttle Badminton (M)
Faizal S	Shuttle Badminton (M)
Bhagyanath B S	Shuttle Badminton (M)
Binukrishnan R	Shuttle Badminton (M)
Gokul Syam	Shuttle Badminton (M)
Aakhil Salim	Shuttle Badminton (M)
Jithin Raj	Shuttle Badminton (M)
Jyothish G	Shuttle Badminton (M)
Prathul Prabhakar	Shuttle Badminton (M)
Ashik Muhammed	Shuttle Badminton (M)
Roshan Josde Kurian	Shuttle Badminton (M)
Rahul S	Shuttle Badminton (M)
Sandeep S	Shuttle Badminton (M)
Vishnu Suresh	Shuttle Badminton (M)
Sona Ponnachan	Shuttle Badminton (M)
Syam S Nair	Shuttle Badminton (M)
Amarnath V G	Shuttle Badminton (M)
Manu G T	Shuttle Badminton (M)
Arundhathi A	Shuttle Badminton (W)
Mydhili G	Shuttle Badminton (W)
Sharmiya J S	Shuttle Badminton (W)
Ajmi S U	Shuttle Badminton (W)
Arya M	Shuttle Badminton (W)
Arya Nath	Shuttle Badminton (W)
Soumya sabu	Shuttle Badminton (W)
Nima M	Shuttle Badminton (W)
Kripa samual	Shuttle Badminton (W)
Thancy N	Shuttle Badminton (W)
Sreekutty P	Shuttle Badminton (W)
Shahana S	Shuttle Badminton (W)
Shabana Beevi S	Shuttle Badminton (W)
Meenu Murali	Shuttle Badminton (W)
Arathi Chandran V R	Shuttle Badminton (W)
Thanna B	Shuttle Badminton (W)
Jayaraj G Pillai	Athletics (M)
Devanand V	Athletics (M)
Vimal Raj	Athletics (M)
Anandhu Vijayan	Athletics (M)
Shynu S	Athletics (M)
Abinsha Hashim	Athletics (M)
Syam S Nair	Athletics (M)
Akash U	Athletics (M)
Amal S Kumar	Athletics (M)
Anandhu M	Athletics (M)
Aneesh Sathyan	Athletics (M)
Abhijith Anilkumar	Athletics (M)



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PUNALUR

Amal A	
Aromal B Prasad	Athletics (M)
Abhishek B S	Athletics (M)
Sreehari N	Athletics (M)
Vishnu Suresh	Athletics (M)
Vipin Vijayan	Athletics (M)
Sarath P	Athletics (M)
Sethuvarmma T	Athletics (M)
Subin B Suresh	Athletics (M)
Suraj S	Athletics (M)
Shainu S	Athletics (M)
Prathul Prabhakar	Athletics (M)
Jothikrishnan M S	Athletics (M)
Karikrishnan A B	Athletics (M)
Brijileeash S Kumar	Athletics (M)
Sidhi Krishnan G S	Athletics (M)
Sarath R	Athletics (M)
Sarag S Dev	Athletics (M)
Nithin Mohan	Athletics (M)
Lijoy Umman	Athletics (M)
Anton T Johnson	Athletics (M)
Krishna Kumar	Athletics (M)
Abhikrishna G	Athletics (M)
Abhiram J	Athletics (M)
Akhil Chandrababu	Athletics (M)
Aminul Azeez	Athletics (M)
Akshay S Nair	Athletics (M)
Anandhu J	Athletics (M)
Akhil M	Athletics (M)
Aravind S	Athletics (M)
Vijas Krishna V S	Athletics (M)
Shinu K	Athletics (M)
Vipin Biju	Athletics (M)
Ajin Raj	Athletics (M)
Dinakaran Babu	Athletics (M)
Abin A Varghese	Athletics (M)
Akhil Mohan	Athletics (M)
Sreekuttan P S	Athletics (M)
Binoop Babu	Athletics (M)
Anandu Krishnan R	Athletics (M)
Vishnu Rtheeshan	Athletics (M)
Arundhathi A	Athletics (M)
Mydhili G	Athletics (W)
Sharmiya J S	Athletics (W)
Ajmi S U	Athletics (W)
Arya M	Athletics (W)
Arya Nath	Athletics (W)
Soumya sabu	Athletics (W)
	Athletics (W)

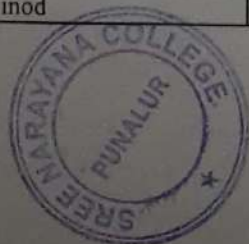


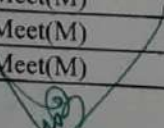
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PUNALUR

Nima M	Athletics (W)
Kripa samual	Athletics (W)
Thancy N	Athletics (W)
Sreekutty P	Athletics (W)
Shahana S	Athletics (W)
Shabana Beevi S	Athletics (W)
Meenu Murali	Athletics (W)
Arathi Chandran V R	Athletics (W)
Thanna B	Athletics (W)
Adithya Anil	Athletics (W)
Darshna K S	Athletics (W)
Greeshma Sam	Athletics (W)
Nithya B	Athletics (W)
Sonasathyan	Athletics (W)
Thahani Mole	Athletics (W)
Alka Pradap	Athletics (W)
Arshitha S Khan	Athletics (W)
Arya Shaji	Athletics (W)
Mymoon N	Athletics (W)
Daison Davidson	Photography
Anju. v	Mimicry
Ayana Soory	Light Music
Haifa Thajudheen and Team	Group song
krishnendhu p	Quiz competition
Ayana Soory	Tamil recitation

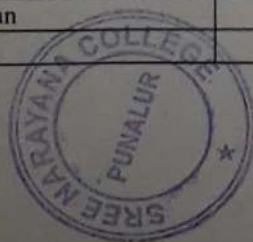
List of students participated in various activities during the academic year 2019-2020

Name of the student participated	Name of the event (M-MEN,W-WOMEN)
Abinsha Hashim	Kollam Disrtict Amateur Athletic Meet(M)
Akhil J	Kollam Disrtict Amateur Athletic Meet(M)
Anandhu J Vijayan	Kollam Disrtict Amateur Athletic Meet(M)
Arjun V	Kollam Disrtict Amateur Athletic Meet(M)
Devanand V	Kollam Disrtict Amateur Athletic Meet(M)
Jayaraj G Pillai	Kollam Disrtict Amateur Athletic Meet(M)
Muhammed Azjad	Kollam Disrtict Amateur Athletic Meet(M)
Nithin A	Kollam Disrtict Amateur Athletic Meet(M)
Royal Avarachan	Kollam Disrtict Amateur Athletic Meet(M)
Vimal Raj	Kollam Disrtict Amateur Athletic Meet(M)
Vishnu V Vinod	Kollam Disrtict Amateur Athletic Meet(M)
Ajmi S U(W)	Kollam Disrtict Amateur Athletic Meet(M)
Royal Avarachan	Kerala State Amateur Athletic Meet(M)
Akhil J	Kerala State Amateur Athletic Meet(M)
Muhammed Azjad	Kerala State Amateur Athletic Meet(M)
Vishnu V Vinod	Kerala State Amateur Athletic Meet(M)




 PRINCIPAL
 SREE NARAYANA COLLEGE
 PUNALUR

Abhikrishnan G	Football(M)
Abhiram J	Football(M)
Abhiram M D	Football(M)
Akhil Chandran	Football(M)
Akshay Anil	Football(M)
Akshay S Nair	Football(M)
Amal R	Football(M)
Anandhu J	Football(M)
Bhagyanath B S	Football(M)
Binu Krishna R	Football(M)
Jayaraj G Pillai	Football(M)
Jyothish G	Football(M)
Prathul Prabhakar	Football(M)
Vimal Raj	Football(M)
Vishnu Suresh	Football(M)
Royal Avarachan	Football(M)
Akhil J	Football(M)
Arjun V	Football(M)
Muhammed Azjad	Football(M)
Rahul S	Football(M)
Aakhil Salim	Cricket(M)
Abnijith V Kumar	Cricket(M)
Abhishek V	Cricket(M)
Ajay G Sundar	Cricket(M)
Alvin Thomas	Cricket(M)
Sangeeth Raj	Cricket(M)
Abhishek B S	Cricket(M)
Anandhu O	Cricket(M)
Ansal N	Cricket(M)
Amruth Raj S	Cricket(M)
Ashik Muhammed	Cricket(M)
Aswin S	Cricket(M)
Deepu Chandran S	Cricket(M)
Muhammed Azjad	Cricket(M)
Vishnu V Vinod	Cricket(M)
Sona Ponnachan	Cricket(M)
Ajmi S U	Athletics (W)
Abinsha Hashim	Athletics (M)
Akhil J	Athletics (M)
Anandhu J Vijayan	Athletics (M)
Arjun V	Athletics (M)
Devanand V	Athletics (M)
Gokul Syam	Athletics (M)
Jayaraj G Pillai	Athletics (M)
Muhammed Azjad	Athletics (M)
Nithin A	Athletics (M)
Royal Avarachan	Athletics (M)
Vimal Raj	Athletics (M)



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PUNALUR

Vishnu V Vinod	Athletics (M)
Amal Nath R	Kerala University Best Physique(M)
Gokul Mohan	Kerala University Best Physique(M)
Royal Avarachan	Kerala University Best Physique(M)
Arjun V	Kerala University Best Physique(M)
Sidharth Jayan	Kerala University Best Physique(M)
Aakhil Salim	Cricket (M)
Abnijith V Kumar	Cricket (M)
Abhishek V	Cricket (M)
Ajay G Sundar	Cricket (M)
Alvin Thomas	Cricket (M)
Sangeeth Raj	Cricket (M)
Abhishek B S	Cricket (M)
Anandhu O	Cricket (M)
Ansal N	Cricket (M)
Amruth Raj S	Cricket (M)
Ashik Muhammed	Cricket (M)
Aswin S	Cricket (M)
Deepu Chandran S	Cricket (M)
Muhammed Azjad	Cricket (M)
Vishnu V Vinod	Cricket (M)
Sona Ponnachan	Cricket (M)
Adarsh U S	Cricket (M)
Anandhu r J	Cricket (M)
Deva Narayanan U S	Cricket (M)
Tushar R b	Cricket (M)
Vishnu B Vinod	Cricket (M)
Alan Biju	Cricket (M)
Krishnakumar B	Cricket (M)
Tharun Thambi	Cricket (M)
Adarsh A	Cricket (M)
Ajay R Kannan	Cricket (M)
Deepu Chandran J	Cricket (M)
Muhammed Shain	Cricket (M)
Adarsh A R	Cricket (M)
Adithyan S J	Cricket (M)
Akhil S	Cricket (M)
Alvin Thomas	Cricket (M)
Aswin Nair O V	Cricket (M)
Rijin M Shibu	Cricket (M)
Shafinsha	Cricket (M)
Lithin Thomas	Cricket (M)
MuhammedSha S	Cricket (M)
Abhishek Baiju	Cricket (M)
Adithyan S J	Cricket (M)
Febin Thomas Roy	Cricket (M)
Jibin Thomas	Cricket (M)
Muhammed Asjad	Cricket (M)



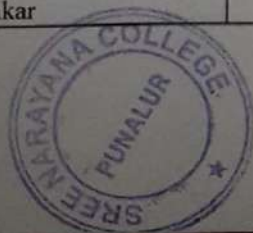
PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR

Harishanth M	Cricket (M)
Abhijith O	Cricket (M)
Abhishek M S	Cricket (M)
Ajin Victor	Cricket (M)
Amal Jith	Cricket (M)
Aromal S	Cricket (M)
Aswin Sabu	Cricket (M)
Nithin S	Cricket (M)
Sreeraj S	Cricket (M)
Suryadev S	Cricket (M)
Vivek V L	Cricket (M)
Adrash I V	Cricket (M)
Ajai G Sundhar	Cricket (M)
Akshai Pradeep	Cricket (M)
Joseph Johnson	Cricket (M)
Thushar	Cricket (M)
Vivek S	Cricket (M)
Akash U	Cricket (M)
Amal S Kumar	Cricket (M)
Anandhu M	Cricket (M)
Aneesh Sathyan	Cricket (M)
Abhijith Anilkumar	Cricket (M)
Amal A	Cricket (M)
Aromal B Prasad	Cricket (M)
Karthik Parayil Suvas	Cricket (M)
Vaishk Pramod	Cricket (M)
Ajimon S	Cricket (M)
Anandkrishnan M	Cricket (M)
Arjum V Mitra	Cricket (M)
Abhishek B S	Cricket (M)
Karikrishnan A B	Cricket (M)
Brijileesh S Kumar	Cricket (M)
Sidhi Krishnan G S	Cricket (M)
Savith Rejendran	Cricket (M)
Rahul K Prasad	Cricket (M)
Mrinal Sathyan	Cricket (M)
Jubin B Johannan	Cricket (M)
Alvin M	Cricket (M)
Sangeeth Raj	Cricket (M)
Achu S	Cricket (M)
Anandhu J vijayan	Cricket (M)
Ajeesh Das S	Cricket (M)
Abhiram A	Football (M)
Anandhu sathyan	Football (M)
Goutham Krishna T R	Football (M)
Gokul Mohan	Football (M)
Unais M	Football (M)
Ajin S	Football (M)



PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR

Bibin C	Football (M)
Aajraj	Football (M)
Abhinand R	Football (M)
Akarsh A	Football (M)
Akhil S B	Football (M)
Jestin Kuriakose Sunil	Football (M)
Adithyan M N	Football (M)
Midhun M	Football (M)
Abin M S	Football (M)
Akhil R B	Football (M)
Amal Thambi	Football (M)
Arjun V	Football (M)
Gopu G	Football (M)
Gokul K Prasad	Football (M)
Midhun Kumaresh	Football (M)
sanath K	Football (M)
Amal A	Football (M)
Anand S	Football (M)
Aswin A	Football (M)
Rabin r	Football (M)
Abhimanyu B	Football (M)
Agney Viswam	Football (M)
Afsal A	Football (M)
Ageesh G	Football (M)
Alwin S	Football (M)
Anandhu V Krishnan	Football (M)
Aswin A	Football (M)
Graurav P B	Football (M)
Abhinath P	Football (M)
Abhijith P R	Football (M)
Abhiram A	Football (M)
Adarsh U S	Football (M)
Akhil M S	Football (M)
Aswin M S	Football (M)
Parthan S	Football (M)
Abhikrishnan G	Football (M)
Abhiram J	Football (M)
Abhiram M D	Football (M)
Akhil Chandran	Football (M)
Akshay Anil	Football (M)
Akshay S Nair	Football (M)
Amal R	Football (M)
Anandhu J	Football (M)
Bhagyanath B S	Football (M)
Binu Krishna R	Football (M)
Jayaraj G Pillai	Football (M)
Jyothish G	Football (M)
Prathul Prabhakar	Football (M)



PRINCIPAL
SREE NARAYANA COLLEGE
PUNALUR

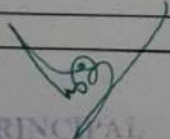
Vimal Raj	Football (M)
Vishnu Suresh	Football (M)
Royal Avarachan	Football (M)
Akhil J	Football (M)
Arjun V	Football (M)
Muhammed Azjad	Football (M)
Rahul S	Football (M)
Abinsha Hashim	Football (M)
Akhil J	Football (M)
Anandhu J Vijayan	Football (M)
Arjun V	Football (M)
Devanand V	Football (M)
Ajai G Sundhar	Football (M)
Muhammed Azjad	Football (M)
Nithin A	Football (M)
Royal Avarachan	Football (M)
Vimal Raj	Football (M)
Vishnu V Vinod	Football (M)
Thushar	Football (M)
Royal Avarachan	Football (M)
Akhil J	Football (M)
Muhammed Azjad	Football (M)
Vishnu V Vinod	Football (M)
Tharun Thambi	Football (M)
Amruth Raj S	Football (M)
Alwin Thomas	Football (M)
Abhishek Baiju	Football (M)
Abhijith O	Football (M)
Amal jith	Football (M)
Sreeraj S	Football (M)
Ajmi S U	Shuttle Badminton (W)
Abhirami K S	Shuttle Badminton (W)
Bhagya J B	Shuttle Badminton (W)
Kaveri R C	Shuttle Badminton (W)
Reshma R	Shuttle Badminton (W)
Sneeha P Biju	Shuttle Badminton (W)
Uthara S Udhayan	Shuttle Badminton (W)
Vijaya lekshmi	Shuttle Badminton (W)
Abirami A	Shuttle Badminton (W)
Ganga Pramesh	Shuttle Badminton (W)
Bagya Animon	Shuttle Badminton (W)
Abhirami G S	Shuttle Badminton (W)
Chippy Ani	Shuttle Badminton (W)
Devu Murali	Shuttle Badminton (W)
Devika Babu	Shuttle Badminton (W)
Abhirami S	Shuttle Badminton (W)
Sruthi Chandran	Shuttle Badminton (W)
Thansi B	Shuttle Badminton (W)



PRINCIPAL
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PUNALUR

Devanarayana U S	Shuttle Badminton (M)
Vishnu B Vinod	Shuttle Badminton (M)
Midhun Kumaresh	Shuttle Badminton (M)
Alwin Thomas	Shuttle Badminton (M)
Ajraj	Shuttle Badminton (M)
Tharun Thambi	Shuttle Badminton (M)
Amruth Raj S	Shuttle Badminton (M)
Deepu Chandran	Shuttle Badminton (M)
Vichu B S	Shuttle Badminton (M)
Nikhil R	Shuttle Badminton (M)
Midhun V	Shuttle Badminton (M)
Sanath K	Shuttle Badminton (M)
Libin Santhosh	Shuttle Badminton (M)
Rabin R	Shuttle Badminton (M)
Aswin M S	Shuttle Badminton (M)
Abinanth V S	Shuttle Badminton (M)
Muhammed Azjad	Shuttle Badminton (M)
Royal Avarachan	Shuttle Badminton (M)
Sidharth Jayan	Shuttle Badminton (M)
Akhil J	Shuttle Badminton (M)
Arjun V	Shuttle Badminton (M)
Royal Avarachan	Shuttle Badminton (M)
Akhil J	Shuttle Badminton (M)
Devanand V	Shuttle Badminton (M)
Vimal Raj	Shuttle Badminton (M)
Arjun V	Shuttle Badminton (M)
Sidharth Jayan	Shuttle Badminton (M)
Muhammed Azjad	Shuttle Badminton (M)
Hari S Kumar	Shuttle Badminton (M)
Bithu Krishnan	Shuttle Badminton (M)
Gokul Dev	Shuttle Badminton (M)
Aswin M S	Athletics (M)
Abinanth V S	Athletics (M)
Muhammed Azjad	Athletics (M)
Royal Avarachan	Athletics (M)
Sidharth Jayan	Athletics (M)
Anandhu V Krishnan	Athletics (M)
Arjun V	Athletics (M)
Royal Avarachan	Athletics (M)
Akhil J	Athletics (M)
Devanand V	Athletics (M)
Vimal Raj	Athletics (M)
Arjun V	Athletics (M)
Sidharth Jayan	Athletics (M)
Muhammed Azjad	Athletics (M)
Hari S Kumar	Athletics (M)
Bithu Krishnan	Athletics (M)
Gokul Dev	Athletics (M)




 PRINCIPAL
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 PUNALUR

Alwin S	Athletics (M)
Gokul B Prasad	Athletics (M)
Anurag S R	Athletics (M)
Akhil R G	Athletics (M)
Abin M S	Athletics (M)
Midhun N	Athletics (M)
Adithyan M N	Athletics (M)
Ajay R Kannan	Athletics (M)
Ajin S	Athletics (M)
Amruth Raj S	Athletics (M)
Amruth J	Athletics (M)
Anandhu Sathyan	Athletics (M)
Vibin C Nair	Athletics (M)
Anandhu r J	Athletics (M)
Deva Narayanan U S	Athletics (M)
Tushar R b	Athletics (M)
Vishnu B Vinod	Athletics (M)
Alan Biju	Athletics (M)
Krishnakumar B	Athletics (M)
Tharun Thambi	Athletics (M)
Adarsh A	Athletics (M)
Ajay R Kannan	Athletics (M)
Deepu Chandran J	Athletics (M)
Muhammed Shain	Athletics (M)
Adarsh A R	Athletics (M)
Adithyan S J	Athletics (M)
Akhil S	Athletics (M)
Aswin M S	Athletics (M)
Parthan S	Athletics (M)
Abhikrishnan G	Athletics (M)
Abhiram J	Athletics (M)
Abhiram M D	Athletics (M)
Akhil Chandran	Athletics (M)
Akshay Anil	Athletics (M)
Akshay S Nair	Athletics (M)
Amal R	Athletics (M)
Anandhu J	Athletics (M)
Bhagyanath B S	Athletics (M)
Binu Krishna R	Athletics (M)
Jayaraj G Pillai	Athletics (M)
Jyothish G	Athletics (M)
Prathul Prabhakar	Athletics (M)
Haima Suresh	Athletics (W)
Vrinda Lekshmi	Athletics (W)
Nahitha N	Athletics (W)
Ajmi S U	Athletics (W)
Abhirami K S	Athletics (W)
Bhagya J B	Athletics (W)




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Kaveri R C	Athletics (W)
Reshma R	Athletics (W)
Sneha P Biju	Athletics (W)
Uthara S Udhayan	Athletics (W)
Vijaya lekshmi	Athletics (W)
Abirami A	Athletics (W)
Devi N	Athletics (W)
Devika J	Athletics (W)
Thanseeha V	Athletics (W)
Gopika S	Athletics (W)
Anaswara B S	Athletics (W)
Ganga Pramesh	Athletics (W)
Bagya Animon	Athletics (W)
Abhirami G S	Athletics (W)
Chippy Ani	Athletics (W)
Devu Murali	Athletics (W)
Devika Babu	Athletics (W)
Abhirami S	Athletics (W)
Sruthi Chandran	Athletics (W)
Thansi B	Athletics (W)
Akhaya Anil	Athletics (W)
Sruthy S	Athletics (W)
Mega S	Athletics (W)
Vimal J K and Team	Mime
Daison Davidson	Photography
Ayana Soory	Light Music
Sandra Dev	stringed instrument -Eastern Style
Athira P G	light music
J Manjima Soorya	Drawing Competition
Vipin C Nair	Light Music
Anandhu and Team	Folk song
Vipin C Nair and Team	Vanchipattu
Malavika R S	Bharathanatyam

List of students participated in various activities during the academic year 2020-2021

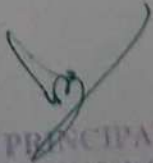
Name of the student participated	Name of the event (M-MEN,W-WOMEN)
Muhammed Azjad	Kerala University Best Physique(M)
Royal Avarachan	Kerala University Best Physique(M)
Sidharth Jayan	Kerala University Best Physique(M)
Akhil J	Kerala University Best Physique(M)
Arjun V	Kerala University Best Physique(M)
Royal Avarachan	Kerala University Athletic Meet (M)
Akhil J	Kerala University Athletic Meet (M)




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Devanand V	Kerala University Athletic Meet (M)
Vimal Raj	Kerala University Athletic Meet (M)
Arjun V	Kerala University Athletic Meet (M)
Sidharth Jayan	Kerala University Athletic Meet (M)
Muhammed Azjad	Kerala University Athletic Meet (M)
Hari S Kumar	Kerala University Athletic Meet (M)
Bithu Krishnan	Kerala University Athletic Meet (M)
Gokul Dev	Kerala University Athletic Meet (M)
Ajmi SU	Kerala University Athletics(W)
Fathima SU	Kerala University Athletics(W)
Resma J	Kerala University Athletics(W)
Catherine Yohannan	Kerala University Athletics(W)
Athira A	Kerala University Athletics(W)
Lekshmi Priya S L	Kerala University Athletics(W)




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