



**SREE NARAYANA COLLEGE
PUNALUR
IQAC**

**Institutional Distinctiveness
2018-19**

Sree Narayana College, Punalur established by the S. N. Trusts, Kollam in reverential memory of the saint, philosopher and social reformer, Sree Narayana Guru effectively serves the educational and intellectual needs of the society ensconced in the eastern niche of Kollam district. Footed firmly on its glorious tradition, the college is now looking forward for higher accomplishments in the years ahead. In this endeavour we stand committed to the realization of the noble vision of Sree Narayana Guru, ONE CASTE, ONE RELIGION, ONE GOD FOR MAN, and to regain a world in which man lives with no caste-based or religion-based prejudice. We are obliged to utilise the philosophical vision of non-duality as a weapon against all social evils.

Sree Narayana Guru's teachings and philosophy is a driving force for fostering core institutional values in all spheres of Education. The College stands committed in realizing the mission "ENLIGHTENMENT THROUGH EDUCATION". Sree Narayana Guru's perception was that the lack of education is the main cause of man's inability to face problems in life, of many of the social and personal ails, of social segregation and also low standard of living conditions. Our college continuously involves in the process of removing the disparities based on race, religion and caste through greater participation of the minorities and the backward in the mainstream of formal education. For the last fifty years of its legacy, the college transforms the students into knowledgeable, competent, socially committed and honest citizens of the mother land by inculcating the spirit of scientific temper and analytical thinking which enable them to take up the challenges of life. The college intends to provide competitive and quality education and to inspire scholastic and aesthetic talents of the students for empowering them to seek gainful employment.

College provides a healthy and peaceful atmosphere for, achieving maximum output in the fields of learning, teaching, research and extension. Conscious of its inceptual

obligation, it takes education to the doorsteps of the poor and marginalized sections of society and endeavours to mould a humane, intellectually progressive, morally awakened and socially committed group of young men and women. The college is always in the forefront in maintaining values with Institutional Social Responsibilities by organising many activities through various academic and social forums.

The Sree Narayana Study centre of our college is vibrant with activities to ensure holistic development of students through disseminating the ideals of Guru. As part of the activity seminars are being conducted on the life and teachings of Guru to make our students honour values, justice and universal brotherhood. A seminar was conducted in association with Narayana Gurukulam, Varkala, a guru disciple foundation for teaching unitive understanding and brotherhood. *Daivadasakam*, the Universal Prayer inculcating the spirit of *Advaita* was conversed.

Sri.R. Sankar, the founder manager of Sree Narayana Colleges was the third chief minister of Kerala. He is also known as a statesman, orator, educationist and writer. Under his leadership the Sree Narayana Trusts gave emphasis to the field of education and started many educational institutions. Sree Narayana Guru exhorted people to get enlightened through education and to emerge stronger through the strength of unity. R.Sankar believed in it and followed that principle in its letter and spirit. He has played a crucial role in the modernisation of Kerala's education sector. Sri.R.Sankar's death anniversary was observed on 7 November .

Sree Narayana Guru perceived drinking as a great social evil which struck at the roots of society. He raised his voice against the use of alcohol in all its aspects-brewing, selling and drinking. This year our College organized distinctive programs on De Addiction awareness with the collaboration of the Excise Department, Government of Kerala. De-addiction awareness. The programme focused on the harmful effects of alcohol and tobacco.

Report on De-addiction Programme

2018-19

Sree Narayana College, Punalur launched a De-addiction club in the academic year 2017-18. The club has continued its activities in full swing with the collaboration of Excise Department, Government of Kerala. The club is intended to sensitize the adolescent and youth community regarding socio economic and health vice consequences of addiction and the need of professional help in treating addiction, for living a healthy and meaningful life. A total of 53 students are selected as members in the club and Dr. Divya V, Assistant Professor, Department of Chemistry was appointed as the Convener. The club aims to promote the student level activities like open forum discussion on epidemic of drug abuse and alcoholism, lectures by experts, meeting with parents and teachers etc.

Excise Division, Anchal conducted an awareness programme on “De-addiction” on 24-01- 2019 in our college. Around ten officers from the excise department, Principal in charge Dr. Shyni Mathew, Convenor Dr Divya V, College union chairman Abhinad, all other teaching and nonteaching staffs along with the students were present for the programme. Excise inspector G. Prasanth and Preventive officer Bijilal delivered two talks for the students. The programme focuses on the harmful effects of alcohols and tobacco. It has given a clear picture for the need of de-addiction in the current life. All the speakers gave a strong and convincing message to quit smoking and alcoholism and gave a lot of practical information regarding topics such as medical detoxification, clinical and psychological therapies, and relapse prevention strategy. Active participation of the students was a highlight of the function. The Excise department distributed prizes for the best participants among students. The awareness campaign enabled campus to create a strong ecosystem against the drug menace.

The club also has conducted an essay writing competition on 23/01/2019 on the topic “Jeevitham Thane Lahari”. Thahanimol from I DC Chemistry won the Ist Prize (Rs.1000) and

IIInd prize(Rs.500) was won by Thasli Basheer, III DC English. The future activities of the club involve conducting rallies, wall writing, poster campaign, essay writing competition, identification of addicts and counselling by experts, etc.



Audience at the talk held by excise department



First Prize winner of essay competition