



**SREE NARAYANA COLLEGE  
PUNALUR  
IQAC**

**BEST  
PRACTICES  
2018-19**

Sree Narayana College, Punalur has been always at the forefront in displaying the best institutional values and practices. The institution is committed to following its guiding spirit Sree Narayana Guru whose words of wisdom “Acts that one does for own sake should also aim to help others” has been a strong inspiration behind the various social and environmental causes pioneered by the college.

Several programs have been conducted towards the benefit of the surrounding community. Two main such programs are Kanivu and Thelima. Kanivu is a program intended to be an aid to the underprivileged. Under Kanivu a Midday meal program and several aid programs such as flood relief programs were organized. Thelima is another program organized by the college with the aim of promoting cleanliness and green practices both inside and outside the campus.

# PRACTICE 1

KANIVU

*കനിവ്...*

*...a crutch to the destitute*

Kanivu is a program that was charted out to give support to the underprivileged in our society. The program has overseen several activities that give relief to those require aid financially and otherwise. Under the program a midday meal scheme had been launched which has been successfully running for several years. Apart from this the program has also involved with the NSS Unit of the college to conduct several disaster relief schemes especially during the time of flood.

**a) Flood relief activities:**

The unit under Kanivu in association with the NSS Unit of S.N.College, Punalur had done remarkable service during the flood that hit Kerala on August 2018. The volunteers were active participants of the relief operations at some of the worst hit places at Pathanamthitta district and supplied the victims with food, medicines and other necessary items. The volunteers attended the flood relief camp at Mulakkuzha School at Chengannur and rendered their active support and service. The camps at Thenmala and Kulathupuzha areas were also visited and were given support and help. The students themselves volunteered to collect fund on behalf of flood relief and the amount was sent to Chief Minister's Distress Relief Fund. The Unit also collected food, medicines, sanitary napkins, dresses, bed sheets and other necessary items needed by the people in the relief camps. These items were sent to the relief camps at Harippad, Pathanamthitta and the collection centre of Kollam District collector. As part of helping the flood hit areas students from the college sought out volunteers and donors in order to provide sufficient help and support. Volunteers also helped in post flood relief activities such as cleaning the worst stuck areas areas in Chengannur and other nearby localities. They also provided further assistance and help to the natives who were the victims of flood.



Collected basic amenities for victims of flood



To relief centre



Post flood relief activities

### **Fund donation to Chief Ministers Disaster Relief Fund [CMDRF]**

On August 2018, severe floods affected Kerala. It was the worst flood in Kerala in nearly a century. Over 100 people have been killed and lakhs displaced in Kerala which witnessed wide scale devastation due to ravaging floods. A good majority of the population were involved in arranging supplies and help materials in various ways. Majority of the staff of SN College, Punalur also contributed a month's salary towards CMDRF. Beyond this our socially committed students have provided fund and collected and distributed clothes and daily amenities. They also have engaged in post flood cleaning activities in flood affected areas.

### **b) Mid Day Meal Programme:**

The college offers free mid-day meals to the economically poor students who come to college from distant places. This scheme was started with the aim of providing a nutritious meal to deserving students in the college, especially those who leave their homes early in the morning and are unable to have lunch before class.

Most of the students who come to the college are from rural and economically weak backgrounds. Keeping this in mind, the College Council has initiated this scheme with the assistance of Student Aid Fund. The mid-day meal program for the students has been running successfully for several years. 25 students are availing the benefits of the programme each year. This program has also received the support of several generous donors who have generously contributed to the cause.

#### **Rules for the Midday meal programme**

- Students are expected to be judicious in using the facility.
- The facility cannot be transferred to other students in any circumstances.
- Wasting food in any manner will be viewed seriously.
- Food served cannot be shared with other students.

Any violation of the above conditions will attract withdrawal of the facility from the student concerned. The College Canteen has made special provisions for serving midday meals. Students are expected to maintain discipline, cleanliness enforced by the College authorities.

## **Funding**

The funding for this program is met from Student Aid Fund for which several donors have actively contributed from within the institution, Alumni network as well as from neighbouring areas.

## **Future Prospects**

Discussions are ongoing about the possibility of enlarging the program to include more number of students.

## **Structure**

The Midday meal program has been successfully running through the effort of several members. The Principal is the patron of the program. The program coordinator is nominated every year by the Principal and all HoD's, College union chairman, Class representatives as well as PTA representatives are its members.

## **Blood Donation Camp (03-12-2018)**

It was another successful program conducted by Kanivu in association with NSS unit of SN College Punalur. Blood donation is always a life giving process. As a volunteer it is important to ensure the value of life. The medical team of Punalur Taluk hospital led the camp and hundreds of students actively participated in blood donation.



**c) Old age home visit (26-10-2018)**

Student volunteers collected clothes and materials for an old age home in Trivandrum district. Two staff members from the old age home visited our college and the collected supplies were handed over to them.

**International peace day (15-09-2018)**

The International peace day was observed by the college. Kanivu members along with NSS unit of the college visited an old age home namely Ashraya in Kalayapuram. The volunteers donated clothes and food materials and spent a day with the members of the old age home.



## PRACTICE 2

### THELIMA

*തെളിമ...*

*...forging a clean future*

Thelima is an innovative venture started by SN College Punalur to inculcate the habit of environmental consciousness and cleanliness amongst college going students and to promote awareness regarding the need and methods of keeping our surroundings clean. As part of the program, students have conducted cleaning drives in the campus premises as well as in nearby locations such as bus stands and other neighboring public spaces. The program works synchronously with various organizations such as the NSS and NCC and it can be rightly said that it has made a significant impact in the aspect of cleanliness especially within the campus premises.

Thelima Program collaborated with NCC unit, S. N. College, Punalur and Punalur Municipality to launch a cleanliness drive awareness programme- “HARITHAYANAM”- Zero Waste Campaign on 2<sup>nd</sup> October 2018. In this regard, a rally was organized to create Swachhata awareness among students and public. The rally was flagged off by Lt. Dr. Arun. V, ANO of the College. All the volunteers along with the ANO, took pledge to keep the compound of the college and surroundings of locality clean. The rally started from the College at 9.00 am with placards showing the importance of cleanliness, raising slogans and displaying anti littering notices. The rally ended at municipal bus stand, Punalur, where Sri. Adv. K. Raju, Hon. **Minister** of Forests, Wildlife Protection, Animal husbandry, Dairy Development, Milk- Co-operatives, Zoos of **Kerala** Legislative Assembly addressed the rally. After this the Minister inaugurated the “HARITHAYANAM- Zero Waste Campaign” a programme of Punalur Municipality.

After the rally and inauguration, the volunteers assembled at Municipal bus stand, Punalur, where the Minister and Municipal Chairman Sri. M. A. Rajagopal started the cleanliness drive awareness programme. All the Municipal councilors, Asha workers, Kudumbasree members, members from health departments also assembled there. All volunteers along with ANO together cleaned the Municipal bus stand and its premises. The Programme started at 9.30 am and ended at 1.30 pm.



**Cleanliness rally and Harithayanam Programme of Punalur Municipality**



Cleanliness rally and Harithayanam Programme of Punalur Municipality



Cleanliness drive



## Student volunteers and ANO at the cleanliness drive

### Clean Campus Programme

It was a one day camp conducted by NSS unit in association with Thelima program for cleaning each and every corner of the campus. The camp started at 10.00am. After the cleaning session the programme officers and the volunteers made discussions about the upcoming activities of NSS unit.



A one day camp was held in the college auditorium as part of the clean campus programme. It was a morning to evening session. Awareness was given to the students regarding the day's schedule. The students were divided into groups and were guided by faculty. The volunteers collected plastic wastes and handed over to the municipality.



### **Saturday camp**

It was a one day camp which conducted with the main aim of cleaning the campus. The volunteers worked hard to clean all bathrooms, toilets, ladies waiting rooms and rest rooms without any hesitation. They also cleaned the garages around that region.

### **Cleaning the departments**

It was another Saturday camp in which the volunteers helped to clean all the departments in the campus. The volunteers successfully cleaned all the departments including labs. Proper assistance was given by the programme coordinators as well.

