

NAME: SANTHOSH R

DESIGNATION: ASSOCIATE PROFESSOR, DEPARTMENT OF PHYSICAL EDUCATION.

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EMAIL: santhoshraveendran72@gmail.com

EDUCATIONAL QUALIFICATION: M.P.E., M.Phil., Ph.D

AREA OF INTEREST: COACHING ATHLETIC TEAM

SPECIALISATION: ATHLETICS

TEACHING EXPERIENCE:

Designation	Institution	Period
Lecturer	T.K.M.M. College, Nagarkulangara	March 1997 to June 1998
Lecturer	S. N. College, Punalur	June 1998 to June 2004
Lecturer (S.S.)	S. N. College, Punalur	June 2004 to June 2006
Lecturer (S.G.)	S. N. College, Punalur	June 2006 to January 2010
Associate Professor	S. N. College, Punalur	Since January 2010

ADMINISTRATIVE POSITIONS HELD:

1. Academic Council Member (university of kerala)
2. IQAC coordinator
3. NCC officer
4. Chief superintendent of examinations
5. Admission committee convenor
6. Discipline committee convenor
7. committee for competitive exam for entry in to service/ placement cell convenor
8. sports club convenor

Member:

1. Health Club
2. Red Ribbon Club

UGC MAJOR/ MINOR PROJECT: Nil

PUBLICATIONS:

1. **Santhosh R**, Augustine N J, Effect of 8 Week Circuit Training on Selected Physical Variables in Football Players, GIS Science Journal, 2021, ISSN 1869-9391
2. **Santhosh R**, Dr. Ajesh. C.R., Dr. Jiji Kurian, Kinematic Analysis on Biomechanical Parameters of Hop Phase among Inter University Level Triple Jumpers, International Journal of Creative Research Thoughts, 2021, ISSN 2320-2882.
3. Augustine N J, **Santhosh R**, Analysis of Self-Esteem and Happiness Between Professional and Amateur Football Players, GIS Science Journal, 2021, ISSN 1869-9391
4. **Santhosh R**, S J Shabu, Kinematic Analysis of Selected Biomechanical Parameters on Different Phases of Triple Jump, International Journal of Physiology, Nutrition Physical Education, 2018. ISSN 2456-0057.

PRESENTATIONS: